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Chicken Soup for the Soul Health and Harvard Medical School team up for new health and wellness book series

First-of-its-kind collaboration combines the power of storytelling with cutting-edge medical advice

COS COB, Conn. – March 15, 2012 – Chicken Soup for the Soul Health, a new imprint of Chicken Soup for the Soul Publishing, LLC, publisher of the best-selling trade paperback book series and a world leader in life improvement, and Harvard Medical School, one of the world’s most respected medical institutions, today announced a first-of-its-kind collaboration for a new health and wellness book series for readers who want to get serious about their physical and mental wellbeing.

The first four books in the series will release May 22, 2012. Each book will focus on a popular health topic, combining the inspiration and support of new stories written especially for these books with accessible, life-changing medical information from top Harvard Medical School doctors.

“Doctors often use stories as a way to motivate and educate their patients and this series will allow us to combine our latest medical advice with real stories from real people to help readers live healthier lives,” said Harvard Health Publications’ Chief Editor of Books Dr. Julie Silver. “Chicken Soup for the Soul is the perfect partner for us on this project because their stories are a wonderful source of hope, inspiration, and great advice—and they complement the useful medical information that we are providing in these books.”

The initial four titles in the series include:

- ***Chicken Soup for the Soul: Boost Your Brain Power!*** by top neurologist Dr. Marie Pasinski, with Liz Neporent (May 2012 ; 978-1-935096-86-3)
- ***Chicken Soup for the Soul: Say Goodbye to Back Pain!***, by leading physical medicine expert and Harvard Health Publications Chief Editor of Books Dr. Julie Silver (May 2012; 978-1-935096-87-0)
- ***Chicken Soup for the Soul: Say Goodbye to Stress*** by noted psychologist Dr. Jeff Brown, with Liz Neporent (May 2012; 978-1-935096-88-7)
- ***Chicken Soup for the Soul: Say Hello to a Better Body!*** by respected internist Dr. Suzanne Koven (May 2012; 978-1-935096-89-4)

“Since 1993 Chicken Soup for the Soul has focused on improving lives by providing inspiration, wellness and hope around the world and this series is another extension of that mission,” said William J. Rouhana, Jr., Chairman & CEO of Chicken Soup for the Soul Publishing, LLC. “We are excited to be working with Harvard Medical School and know that our readers will benefit from their cutting-edge health advice.”

Two additional titles are already being prepared for a fall release:

- ***Chicken Soup for the Soul: Think Positive for Great Health***, by noted psychologist Dr. Jeff Brown (September 2012; 978-1-935096-90-0)
- ***Chicken Soup for the Soul: Hope & Healing for Your Breast Cancer Journey***, by leading physical medicine expert and Harvard Health Publications Chief Editor of Books Dr. Julie Silver (September 2012; 978-1-935096-94-8)

Additional books in the series are expected.

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Chicken Soup for the Soul Health is an imprint of Chicken Soup for the Soul Publishing, LLC, the publisher of all the latest titles in the famous Chicken Soup for the Soul book series, which are distributed through Simon & Schuster, Inc. Since 1993, books in the Chicken Soup for the Soul series have sold over 112 million copies, with titles translated into over 40 languages. Chicken Soup for the Soul Publishing also licenses the right to use its famous trademark to high quality licensees. The company is currently implementing a plan to expand into all media, is working with TV networks on several TV shows and is developing a major Internet presence dedicated to life improvement, emotional support, inspiration and wellness. In 2007, *USA Today* named *Chicken Soup for the Soul* one of the five most memorable and impactful books in the last quarter century. For more information visit: www.chickensoup.com.

Harvard Health Publications: Harvard Health Publications (HHP) is the media and publishing division of the Harvard Medical School of Harvard University. The goal of its publications is to bring people around the world the most current health information that is authoritative, trustworthy, and accessible. HHP has been publishing award-winning consumer health books since 1996. HHP books are cutting-edge resources for intelligent consumers. The books are penned by Harvard Medical School faculty members, often working with professional writers. HHP authors are internationally renowned for their clinical work and research and have extensive, high-credibility platforms.

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To receive a review copy of any of the titles in this series, or to schedule an interview with the authors listed above, please contact Rusty Shelton at (512) 785-4469 or rusty@sheltoninteractive.com.