



FOR IMMEDIATE RELEASE

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Helping children make good choices

Chicken Soup for the Soul shares positive stories, lessons for children of all ages

COS COB, Conn. – Whether it’s bullying, school or social concerns, kids have a lot to worry about these days. Parents, grandparents and teachers are looking for a way to connect with children to discuss these issues and provide some guidance. And one of the best ways to start a conversation with a child is by reading a story about another child first.

“That’s the goal of *Chicken Soup for the Soul: Think Positive for Kids* – to start conversations with children about core values, good examples, making good decisions and having the courage to do the right thing,” *Hercules* star Kevin Sorbo and Chicken Soup for the Soul publisher Amy Newmark write in their introduction. “The values that children learn today will stay with them for the rest of their lives. We hope to contribute to the building blocks that create tomorrow’s wonderful young adults through this book for today’s children.”

Geared to kids 7 to 13, *Chicken Soup for the Soul: Think Positive for Kids (Chicken Soup for the Soul Publishing, LLC, Oct. 29, 2013, 978-161159275, \$14.95)* contains 101 stories about kids dealing with today’s issues. Kids will read about making good choices, gratitude, developing their self-esteem and staying true to their convictions. The stories also cover bullying, disabilities, helping others, relationships, dealing with divorce and moving. Children will learn about real friends, not “popular” friends, and will be inspired by many of the stories to try new things and expand their horizons.

“These stories remind kids that they are not alone in dealing with difficult issues,” according to Sorbo and Newmark. “And even though these stories are for kids, their lessons are universal and should prove inspirational to the adults who are sharing them and discussing them as well.”

Kids often learn best from each other and that is the premise of *A World Fit for Kids!*, a Los Angeles-based mentoring program supported by Kevin Sorbo that trains teens to become heroes to kids in their own neighborhoods. This powerful program of “kids teaching kids” will receive royalties from the sale of every copy of *Chicken Soup for the Soul: Think Positive for Kids*.

ABOUT CHICKEN SOUP FOR THE SOUL

Chicken Soup for the Soul publishes the famous Chicken Soup for the Soul book series. In 2007, *USA Today* named *Chicken Soup for the Soul* one of the five most memorable books in the last quarter-century. With over 100 million books sold to date in the U.S. and Canada alone, more than 250 titles, and translations into more than 40 languages, “chicken soup for the soul” is one of the world’s best-known phrases. Today, 20 years after it first began sharing happiness, inspiration and wellness through its books, Chicken Soup for the Soul continues to delight its readers with new titles, but has also evolved beyond the bookstore. Its high quality products include wholesome and balanced pet food that recognizes the unique relationship between pets and people and a new line of delicious, nutritious comfort food inspired by the connection between food and feelings. Chicken Soup for the Soul is “always there for you™.” For more information visit www.chickensoup.com.

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