



FOR IMMEDIATE RELEASE

CONTACT: Rusty Shelton (512) 785-4469

## First lessons in love last a lifetime

*New Chicken Soup for the Soul collection helps teens through crushes, breakups, family issues and more*

**COS COB, Conn.** – From *High School Musical* to *Gossip Girl*, the adolescent experience is never far from the pop culture spotlight. Programs and films like these usually depict teens who seemingly have it all: looks, friends, a killer wardrobe. But while a fictional teen queen (or king) usually has a fabulous posse to help them through life’s challenges, where do real teens turn when they suffer a breakup? An at-home feud? A fight with friends? After a personal crisis, it’s easy for many teens to feel like they are all alone.

Fortunately, *Chicken Soup for the Soul: Teens Talk Relationships* (Chicken Soup for the Soul Publishing, LLC., 978-1-935096-01-6, July 2008, \$14.95) is here to help. A collection of stories from teens speaking candidly about their friendships, romantic pursuits, and family life, it is part of the new “101 Best Stories” series by the new publisher of Chicken Soup for the Soul books. With refreshed cover designs and interior layouts, books in the “101 Best Stories” series offer the Editor’s favorite tales and poems submitted in the 15-year history of Chicken Soup for the Soul, reflecting the brand’s excitement and new energy on this memorable anniversary.

With topics ranging from “Impossible Things Can Happen” to “Saying Goodbye,” *Chicken Soup for the Soul: Teens Talk Relationships* ensures that teen readers have other kids to turn to for support when it comes to crushes, school cliques – even breakups.

“There is a reason why I met Jake, loved Jake and lost Jake. I can’t say I’m glad I felt so much pain, but there was also that warm, tingling feeling inside my heart,” writes contributor Meredith Wertz about a high school breakup. “It’s necessary for me to love beyond my fears and trust beyond my doubts if I want to truly live my life. And yes, perhaps my tears may fall, but I will not.”

*Chicken Soup for the Soul: Teens Talk Relationships* is also an excellent conversation-starter for parents looking to have a heart-to-heart with their child about dating, friendships, or family changes. As their child learns to navigate the sometimes rough waters of adolescence, these stories will help parents better understand what today’s young men and women are going through emotionally.

Inside *Chicken Soup for the Soul: Teens Talk Relationships*, you’ll read about:

- Why Andrew Keegan never went to another Spin the Bottle party after “Seven Minutes in Heaven”
- Why Robby Smith still thinks about his young summer love - even as a college sophomore
- How Bob Carlisle patched things up with his dad – after wrecking his dad’s red Chevy pick-up

*Chicken Soup for the Soul: Teens Talk Relationships* (Jack Canfield, Mark Victor Hansen, and Amy Newmark) released July 2008. Chicken Soup for the Soul Publishing, LLC, publishes all the latest titles in the famous Chicken Soup for the Soul book series which are distributed through Simon and Schuster, Inc. Since 1993, books in the Chicken Soup for the Soul series have sold over 112 million copies, with titles translated into over 40 languages. Chicken Soup for the Soul Publishing also licenses the right to use its famous trademark to high quality licensees through IMG, the world’s premier licensing agent. The company is currently implementing a plan to expand into all media, is working with TV networks on several TV shows and is developing a major Internet presence dedicated to life improvement, emotional support and inspiration. In 2007, *USA Today* named *Chicken Soup for the Soul* one of the five most memorable and impactful books in the last quarter century. For more information visit: [www.chickensoup.com](http://www.chickensoup.com).

###

To request a review copy or an excerpt from *Chicken Soup for the Soul: Teens Talk Relationships*, please contact Rusty Shelton at (512) 785-4469 or [rusty@sheltoninteractive.com](mailto:rusty@sheltoninteractive.com).