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## Tweendum: first lessons on life

*New Chicken Soup for the Soul collection provides invaluable lessons in growing up*

**COS COB, Conn.** – From Miley Cyrus to Raven and Hilary Duff, tweens are a generation of fashion-conscious, fad-loving, filled-with-attitude youth. It is that time when they feel too old for this but are too young for that, and lately, it seems our tweens are getting “older” younger. How can we remind our tweens to embrace the moments of their youthfulness?

*Chicken Soup for the Soul: Teens Talk Middle School* (Chicken Soup for the Soul Publishing, LLC, 978-1-935096-26-9, November 2008, \$14.95) offers candid stories from tweens about starting middle school, first crushes, mean girls and more. These inspiring stories remind the readers that middle school is all about change, rolling with the punches, and savoring the last few years of life as a kid.

As part of the all new Chicken Soup for the Soul teen series, *Chicken Soup for the Soul: Teens Talk Middle School* is specifically designed with the issues affecting middle school students in mind. With topics ranging from “First Kiss” to “Karma on the Middle School Bus,” *Chicken Soup for the Soul: Teens Talk Middle School* ensures that tween readers have other kids to turn to for support when it comes to embarrassing moments, new friends – even boyfriends and girlfriends.

“My love life has been pretty uneventful, with the exception of one remarkable blip,” writes contributor Juliet C. Bond about her first love. “After the joy of being someone’s true and only love, it’s pretty tough to be dumped. But those moments with Andy were my first tender proceedings into the realm of the heart.”

*Chicken Soup for the Soul: Teens Talk Middle School* is also a conversation-starter for parents looking to have a heart-to-heart with their child about puberty, peer pressure or family changes. As their child learns to navigate the sometimes rocky journey of adolescence, these stories will help parents understand what today’s tweens are experiencing day in and day out.

Inside *Chicken Soup for the Soul: Teens Talk Middle School*, you’ll read about:

- Why Annmarie B. Tait stomach turns at the words “spelling bee”
- How Brittany Newell got the nickname “Gangly”
- Why an incident with a belly button taught Rosario Rivera to be a better judge of character
- How Mary Kolesnikova gained confidence from a gorilla suit

*Chicken Soup for the Soul: Teens Talk Middle School* (Jack Canfield, Mark Victor Hansen, and Amy Newmark) released November 2008. Chicken Soup for the Soul Publishing, LLC, publishes all the latest titles in the famous Chicken Soup for the Soul book series which are distributed through Simon and Schuster, Inc. Since 1993, books in the Chicken Soup for the Soul series have sold over 112 million copies, with titles translated into over 40 languages. Chicken Soup for the Soul Publishing also licenses the right to use its famous trademark to high quality licensees through IMG, the world's premier licensing agent. The company is currently implementing a plan to expand into all media, is working with TV networks on several TV shows and is developing a major Internet presence dedicated to life improvement, emotional support and inspiration. In 2007, *USA Today* named *Chicken Soup for the Soul* one of the five most memorable and impactful books in the last quarter century. For more information visit: [www.chickensoup.com](http://www.chickensoup.com).

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To request a review copy or an excerpt from *Chicken Soup for the Soul: Teens Talk Middle School*,  
please contact Rusty Shelton at (512) 785-4469 or [rusty@sheltoninteractive.com](mailto:rusty@sheltoninteractive.com).