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The good, the bad and the ugly: Teens and college

Chicken Soup for the Soul offers candid accounts of the college experience, from applications to dorm rooms

COS COB, Conn. – Practice tests, SAT’s, tutors, essays, interviews – these are all part of the daunting college application process. Parents and high school seniors everywhere have their pick of numerous “how-to” college application manuals, filled with vocabulary flashcards, school statistics, and sample essays. But let’s face it: What college applicants and their parents *really* need during this stressful time isn’t more vocabulary words – it’s emotional support.

Chicken Soup for the Soul: Teens Talk Getting In...To College (Chicken Soup for the Soul Publishing, LLC, November 2008, \$14.95, 978-1-935096-27-6) offers the comfort that high school teens and their parents need during a crucial milestone in their lives. Filled with real stories about the pressures of applying to college, and how teens just like them overcame their doubts and fears, it’s the heartwarming “support group” every high school applicant (and their parents) can turn to as they cram, apply, and eagerly wait to hear back from colleges across the country.

“At the beginning of my senior year in high school, I had no intention of applying to college,” says Elizabeth Herrera, who opens up in her story “A Student Teacher Who Made a Difference” to talk about her acceptance into college. “I am a Mexican American who was born and raised in an ‘under-served’ urban community with limited educational resources. Honestly, I thought that people like me didn’t attend college. But one person not only believed in me but guided me through a crucial point during my senior year. I am currently in the process of applying to a doctoral program in Policy Studies in Urban Education at UIC. Thanks for everything, Ms. Tracie”

As part of the all new Chicken Soup for the Soul® teen series, *Chicken Soup for the Soul: Teens Talk Getting In...To College* is specifically designed to provide support and inspiration for students dealing with the stress of applying to college. With candid stories like Herrera’s, ranging from financial issues, grade point averages, rejection letters and more, *Chicken Soup for the Soul Teens Talk Getting In...To College* reassures high schools students and their parents that they are not alone in the process.

Inside *Chicken Soup for the Soul: Teens Talk Getting In...To College*, you’ll also read about:

- A lacrosse accident the night before the SAT’s
- One student’s eye-opening “gap year” spent in Peru – in lieu of going straight to college
- Parents that tried a little too hard to write their kids’ essays for them
- Students that didn’t get into the schools of their parents’ dreams – and were grateful
- Acceptance letters, rejection letters, getting wait-listed, adjusting to dorm life, and more

Chicken Soup for the Soul: Teens Talk Getting In...To College (Jack Canfield, Mark Victor Hansen, and Amy Newmark) released November 2008. Chicken Soup for the Soul Publishing, LLC, publishes all the latest titles in the famous Chicken Soup for the Soul book series which are distributed through Simon and Schuster, Inc. Since 1993, books in the Chicken Soup for the Soul series have sold over 112 million copies, with titles translated into over 40 languages. Chicken Soup for the Soul Publishing also licenses the right to use its famous trademark to high quality licensees through IMG, the world’s premier licensing agent. The company is currently implementing a plan to expand into all media, is working with TV networks on several TV shows and is developing a major Internet presence dedicated to life improvement, emotional support and inspiration. In 2007, *USA Today* named *Chicken Soup for the Soul* one of the five most memorable and impactful books in the last quarter century. For more information visit: www.chickensoup.com.

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To request a review copy or excerpt of *Chicken Soup for the Soul: Teens Talk Getting In... To College*, please contact Rusty Shelton at (512) 785-4469 or rusty@sheltoninteractive.com.