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CONTACT: Shelby Sledge (512) 206-0229

Messages from Heaven are all around us *Chicken Soup for the Soul* shares accounts of signs from beyond

COS COB, Conn. – When Grace Rostoker had a vision of a loving and gentle young soldier standing by her bed one night, she just had to share it with her family. They ridiculed her, even threatened to hurt her if she kept talking about it, but she never forgot. Years later, she discovered the family secret—she had a 19-year-old brother who died in the military shortly after she was born. She continues to be comforted by his presence, “He has always been with me, they say, as my guardian and guide.” Grace, like the other contributors to *Chicken Soup for the Soul: Messages from Heaven* (Chicken Soup for the Soul Publishing, LLC, February 28, 2012, 978-1935096917, \$14.95), experienced a loss, but was comforted by a connection from beyond. Everyone will experience a loss in their life, but these stories show there can be a continued connection even after someone has passed.

From tales of people visiting Heaven and coming back, to dreams and visions, to clear messages, the stories in *Chicken Soup for the Soul: Messages from Heaven* illustrate how accepting what may seem like the unbelievable can provide comfort and peace after a loss. The 101 stories of miraculous signs, amazing connections, and love that doesn’t die will comfort and encourage anyone who has experienced the loss of a beloved family member or friend.

Contributor Carolyn Hall shares how a message from her mother, who had died eight years earlier, saved her life. Days after abdominal surgery, and in intense pain, Carolyn heard a voice in her head, “Tell Dr. Hughes you’ve got blood clots.” She told her doctor, and despite tests suggesting she had pneumonia and a disbelieving staff, the life-threatening clot was eventually found and her life was saved.

Many contributors report that their parents are still looking out for them, such as Michelle Tompakov Muller, who stopped her car at a green light because she heard a message from her deceased father. If she had proceeded through the green light in front of her, she and her daughter would have been hit by an SUV that ran the red light from the other direction.

Books about going to Heaven and coming back are popular bestsellers these days, and a whole chapter of the book is dedicated to that topic, including a story from Christy Johnson, who lost her two-year-old son in a car accident that left her five-year-old in the hospital. She didn’t know how to tell Garrett that his little brother Jake hadn’t made it. That’s when Garrett said, “After the accident, I got to go to heaven with Jake. Jake got to go in but God told me it wasn’t my time.” Garrett was totally at peace, and through him Christy made peace with Jake’s passing as well.

Chicken Soup for the Soul: Messages from Heaven (Jack Canfield, Mark Victor Hansen, and Amy Newmark) releases on February 28, 2012. Chicken Soup for the Soul Publishing, LLC, publishes all the latest titles in the famous Chicken Soup for the Soul book series, which are distributed through Simon & Schuster, Inc. Since 1993, books in the Chicken Soup for the Soul series have sold over 112 million copies, with titles translated into over 40 languages. Chicken Soup for the Soul Publishing also licenses the right to use its famous trademark to high quality licensees. The company is currently implementing a plan to expand into all media, is working with TV networks on several TV shows and is developing a major Internet presence dedicated to life improvement, emotional support, inspiration and wellness. In 2007, *USA Today* named *Chicken Soup for the Soul* one of the five most memorable and impactful books in the last quarter century. For more information visit: www.chickensoup.com.

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To receive a review copy of *Chicken Soup for the Soul: Messages from Heaven* or to request an interview, please contact Shelby Sledge at (512) 206-0229 or shelby@sheltoninteractive.com.