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CONTACT: Shelby Sledge (512) 206-0229

## **Much-Needed Inspiration for Nurses in Today's Healthcare Environment**

*101 stories of wisdom and appreciation, because they deserve it*

**COS COB, Conn.** – Sharon Hinton was assigned to care for a young comatose patient, talking to him throughout her 12-hour shifts. When he woke after months in a “twilight sleep,” he revealed that during that time there was one voice that provided him comfort and relief: his nurse’s voice. Sharon’s voice. After his father’s death from cancer, Alioune Kotey felt the calling to become a registered nurse, to give others the kind of care and comfort he gave his father in those last painful days. When a patient who reminded him of his father arrived in his ward, Al’s emotions bubbled to the surface. He allowed himself a moment to cry before pushing through and returning to care for his patient. Al was thrilled to learn months later that his patient’s cancer had gone into remission.

These are two of the 101 moving and inspirational stories in *Chicken Soup for the Soul: Inspiration for Nurses* (Chicken Soup for the Soul Publishing, LLC; Amy Newmark and LeAnn Thieman; July 21, 2015, 978-1-61159-948-0, \$14.95). Most nurses didn’t choose their careers because of great hours, pay and working conditions! They felt a calling, and this book celebrates them—for the patients they heal, the lives they touch, and the fortitude with which they work long shifts, selflessly nurturing others with their hands and their hearts.

These stories provide an inside look at the kind of compassion, intelligence and humor it takes to be a nurse in today’s healthcare system. As LeAnn Thieman, a former nurse and the coauthor of the book says, “These days, things seem to be getting harder and harder in health care, and staying positive and motivated can be a real challenge. In this book you will find inspiration to keep on caring.”

*Chicken Soup for the Soul: Inspiration for Nurses* will make you laugh, cry, and nod your head in recognition as one hundred nurses, and some grateful patients too, share their funniest, most surprising, and most moving stories about nursing today. It’s the perfect way to say “Thank You” to a special nurse, or “Welcome” to a new nurse who has joined your team or just graduated from school. LeAnn Thieman and Chicken Soup for the Soul have come up with another winning prescription for nurses—a book that’s sure to inspire future generations of nurses and become a bestseller, just as their first two books for nurses did in 2001 and 2007.

### **ABOUT CHICKEN SOUP FOR THE SOUL**

Chicken Soup for the Soul, the world’s favorite and most recognized storyteller, publishes the famous Chicken Soup for the Soul book series. With over 100 million books sold to date in the U.S. and Canada alone, more than 250 titles, and translations into more than 40 languages, “chicken soup for the soul” is one of the world’s best-known phrases and is regularly referenced in pop culture. Today, 22 years after it first began sharing happiness, inspiration and wellness through its books, this socially conscious company continues to publish new titles, but has also evolved beyond the bookstore with super premium pet food, a line of high quality food to bring people together for healthy meals, and a variety of licensed products and digital offerings, all inspired by stories. Chicken Soup for the Soul has recently expanded into visual storytelling through movies and television. Chicken Soup for the Soul is “changing the world one story at a time®.”

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**To receive a review copy of *Chicken Soup for the Soul: Inspiration for Nurses* or to request an interview, please contact Shelby Sledge at (512) 206-0229 or [shelby@sheltoninteractive.com](mailto:shelby@sheltoninteractive.com).**

