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How to Show Mom that You Love and Appreciate Her

Chicken Soup for the Soul gives you 101 ways to thank your mother, stepmother, and grandmother and support the Boys & Girls Clubs of America at the same time

COS COB, Conn. – Mothers achieve the impossible, finding the time to raise their children, run their households, work, volunteer, and care for spouses, pets and elderly parents. You don't really understand how hard it is until you become a mother yourself. And what do moms need? Not much, other than a little appreciation and some reassurance that all their hard work is making a difference.

***Chicken Soup for the Soul: For Mom, with Love* (Chicken Soup for the Soul Publishing, LLC; Amy Newmark; March 22, 2016, 978-1-61159-962-6, \$14.95)** will have mothers, stepmothers, grandmothers, and mothers-in-law laughing, crying, and nodding their heads in recognition as they read these 101 stories of love and appreciation. Chicken Soup for the Soul's editors selected their favorite stories for moms from the company's classic books for inclusion in this special collection.

Mothers and grandmothers of all ages will feel loved, respected, and appreciated as they read stories about how their children and grandchildren view them as their most important teachers and supporters, their role models, and the source of strength that they need to navigate life. They'll see how important their traditions are to their kids, even if they don't always admit it, and they'll understand how even the little things make a difference and are always remembered.

What could be better? 101 entertaining stories to show mothers and grandmothers how much they are loved and appreciated—and the book sales support a great cause, too! Chicken Soup for the Soul is donating the royalties from the book to the Boys & Girls Clubs of America (www.bgca.org). Boys & Girls Clubs are an integral part of many communities, providing a safe place for kids to learn and grow during critical out-of-school time, and to have ongoing relationships with caring, adult professionals. Great futures start at the Clubs where kids learn skills like how to succeed academically, how to prepare for college or careers, how to live a healthier lifestyle and how to become good citizens in their community. There are over 4,000 Clubs in every community across the nation and on military bases worldwide.

Our moms love us unconditionally and we love them back, in all 101 stories in this inspiring collection. You can't go wrong with this new bestseller from Chicken Soup for the Soul—for yourself and every mother, stepmother, and grandmother on your gift list!

ABOUT CHICKEN SOUP FOR THE SOUL

Chicken Soup for the Soul, the world's favorite and most recognized storyteller, publishes the famous *Chicken Soup for the Soul* book series. With well over 100 million books sold to date in the U.S. and Canada alone, more than 250 titles, and translations into more than 40 languages, "chicken soup for the soul" is one of the world's best-known phrases and is regularly referenced in pop culture. Today, 23 years after it first began sharing happiness, inspiration and hope through its books, this socially conscious company continues to publish a new title a month, but has also evolved beyond the bookstore with super premium pet food, television shows and movies, and a variety of other digital content and licensed products, all inspired by stories, as it continues "changing the world one story at a time®."

To receive a review copy of *Chicken Soup for the Soul: For Mom, with Love* or to request an interview, please contact Shelby Sledge at (512) 206-0229 or shelby@sheltoninteractive.com.

