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Why Every Mom Is the Best Mom Ever

A New Chicken Soup for the Soul Collection Shows Moms Just How Much They're Appreciated

COS COB, Conn. – Six-year-old Terri Rilea was crying as she looked out the window at the terrible rainstorm. Her imaginary friend was stuck out there. Terri's brave mom threw a towel over her head, ran to the mailbox, wrapped Terri's imaginary friend in the towel, and carried her back to the house. Because that's what moms do. They rescue everyone. A woman doesn't know how strong she is until she becomes a protective, fierce, dedicated warriors who watches out for her children.

Being a mother is the most difficult and the most rewarding job there is. It's a 24/7/365 career that starts the moment you know you're expecting, and then never ends. That's why *Chicken Soup for the Soul: Best Mom Ever!* is so inspirational for mothers and stepmothers, grandmothers and mothers-in-law, because it shows them that they are, indeed, appreciated by their children.

Mothers need that reassurance. They're always wondering if they could be doing something better—doing something more. *Chicken Soup for the Soul: Best Mom Ever! (Chicken Soup for the Soul, LLC; Amy Newmark; March 21, 2017, 978-1-61159-954-1, \$14.95)* is a gift to all our mothers—101 stories that will make them laugh, tear up, and nod their heads in recognition.

Author and editor-in-chief Amy Newmark poured her heart into this collection, which was supposed to honor her own mother. But after working on this book for a year—coming up with the concept, collecting thousands of submissions, selecting the 101 stories and making the chapters—on the very day that Newmark was scheduled to start editing the book, December 28th, her mother was rushed to the hospital. She died six days later, at age 85, and Newmark ended up completing the manuscript while planning her mother's funeral and caring for her shocked 87-year-old father.

Newmark says, "The final chapter, called 'A Mother's Legacy,' was the one that made me cry the most. It kept reminding me of all the lessons and characteristics that are my mom's legacy to me. I was moved by Trudie Nash's story in this chapter. She was driving home after her mother's funeral, with no room in her car for a struggling young family she saw making their way through the pouring rain. Trudie grabbed her mother's umbrella from the pile of things she had taken from her house and handed it out the window to the young parents, who gratefully sheltered their two babies. I guess that is symbolic of all our mothers—they are our shelters in whatever storms pass through our lives: our umbrellas, our cheerleaders, our chief advisers, and our role models for how to be the very best human beings that we can be."

ABOUT CHICKEN SOUP FOR THE SOUL

Chicken Soup for the Soul, the world's favorite and most recognized storyteller, publishes the famous *Chicken Soup for the Soul* book series. With well over 100 million books sold to date in the U.S. and Canada alone, more than 250 titles, and translations into more than 40 languages, "chicken soup for the soul" is one of the world's best-known phrases and is regularly referenced in pop culture. Today, 24 years after it first began sharing happiness, inspiration and hope through its books, this socially conscious company continues to publish a new title a month, but has also evolved beyond the bookstore with super premium pet food, television shows, podcasts, positive journalism from aplus.com, and licensed products, all revolving around true stories, as it continues "changing the world one story at a time[®]."

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To receive a review copy of *Chicken Soup for the Soul: Best Mom Ever!* or to request an interview, please contact Shelby Janner at (512) 206-0229 or sjanner@advantageww.com.

