



# UTAH STANDARDS ALIGNMENT DOCUMENT

## *Chicken Soup for the Soul Hallway Heroes*

### GRADE 7

All stories come from *Chicken Soup for the Soul: Create Your Best Future*

Source Link(s): <http://www.uen.org/core/>

#### LESSON 1: "McDonald's" p. 186

CODE	STANDARD
HE.4.3.a	Identify abusive behaviors.
HE.4.3.c	Describe ways to prevent and report violence at home, in school and in the community.
SL.7.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on Grade 7 topics, texts, and issues, building on others' ideas and expressing their own clearly.

#### LESSON 2: "The Boldest Girl in Class" p. 22

CODE	STANDARD
PE.6.1.c	Use activity participation to reduce stress.
HE.1.2.d	Demonstrate stress management techniques.
HE.1.1.b	Identify goal-setting strategies and use them to create a plan for reaching a health-related goal.
W.7.3d	Use precise words and phrases, relevant descriptive details, and sensory language to capture the action and convey experiences and events.

#### LESSON 3: "You Get What You Give" p. 28

CODE	STANDARD
HE.1.2.c	Determine how societal norms, cultural differences, personal beliefs, and media impact choices, behavior and relationships.
HE.1.2.b	Identify ways to build resiliency.
HE.1.4.c	Develop strategies to manage inappropriate or harmful comments and advances from others (e.g., bullying, cyber-bullying, sexual harassment).
SL.7.1c	Pose questions that elicit elaboration and respond to others' questions and comments with relevant observations and ideas that bring the discussion back on topic as needed.
RL.7.2	Determine a theme or central idea of a text and analyze its development over the course of the text; provide an objective summary of the text.

#### LESSON 4: "John" p. 92

CODE	STANDARD
HE.1.1.b	Identify goal-setting strategies and use them to create a plan for reaching a health-related goal.
PE.6.1.c	Use activity participation to reduce stress.
HE.1.2.d	Demonstrate stress management techniques.
PE.6.2.a	Celebrate successes and achievement by self and others.
HE.1.2.a	Identify positive ways to express emotions.
W.7.3	Write narratives to develop real or imagined experiences or events using effective techniques, relevant descriptive details, and well-structured event sequences.
W.7.8	Gather relevant information from multiple print and digital sources, using search terms effectively; assess the credibility and accuracy of each source; and quote or paraphrase the data and conclusions of others while avoiding plagiarism and following a standard format for citation.
W.7.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience. (Grade-specific expectations for writing

	types are defined in W.7.1-3.)
<b>LESSON 5: "Taxi" p. 103</b>	
<b>CODE</b>	<b>STANDARD</b>
HE.1.2.c	Determine how societal norms, cultural differences, personal beliefs, and media impact choices, behavior and relationships.
HE.1.4.c	Develop strategies to manage inappropriate or harmful comments and advances from others (e.g., bullying, cyber-bullying, sexual harassment).
W.7.1c	Use words, phrases, and clauses to create cohesion and clarify the relationships among claims, reasons, and evidence.
W.7.3b	Use narrative techniques, such as dialogue, pacing, and description, to develop experiences, events, and/or characters.
W.7.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in W.7.1-3.)
<b>LESSON 6: "A Lifetime of Stuttering" p. 123</b>	
<b>CODE</b>	<b>STANDARD</b>
HE.1.2.c	Determine how societal norms, cultural differences, personal beliefs, and media impact choices, behavior and relationships.
HE.1.1.e	Use decision making skills to solve personal problems.
RL.7.1	Cite several pieces of textual evidence to support analysis of what the text says explicitly as well as inferences drawn from the text.
<b>LESSON 7: "Under One Roof" p. 366</b>	
<b>CODE</b>	<b>STANDARD</b>
HE.1.1.e	Use decision making skills to solve personal problems.
SL.7.1b	Follow rules for collegial discussions, track progress toward specific goals and deadlines, and define individual roles as needed.
<b>LESSON 8: "Understanding Jenny" p. 339</b>	
<b>CODE</b>	<b>STANDARD</b>
HE.1.4.e	Demonstrate effective communication skills.
HE.1.4.b	Demonstrate healthy ways to accept, manage and adapt to changes in relationships.
HE.1.2.a	Identify positive ways to express emotions.
W.7.3	Write narratives to develop real or imagined experiences or events using effective techniques, relevant descriptive details, and well-structured event sequences.
W.7.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in W.7.1-3.)
<b>LESSON 9: "Measuring Miracles by Leaps and Bounds" p. 188</b>	
<b>CODE</b>	<b>STANDARD</b>
HE.1.1.b	Identify goal-setting strategies and use them to create a plan for reaching a health-related goal.
HE.1.4.b	Demonstrate healthy ways to accept, manage and adapt to changes in relationships.
RL.7.1	Cite several pieces of textual evidence to support analysis of what the text says explicitly as well as inferences drawn from the text.
<b>LESSON 10: "The Truck" p. 195</b>	
<b>CODE</b>	<b>STANDARD</b>
HE.1.2.c	Determine how societal norms, cultural differences, personal beliefs, and media impact choices, behavior and relationships.
SL.7.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and

	teacher-led) with diverse partners on Grade 7 topics, texts, and issues, building on others' ideas and expressing their own clearly.
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**LESSON 11: "The End of the Zombie Days" p. 62**

CODE	STANDARD
HE.1.4.b	Demonstrate healthy ways to accept, manage and adapt to changes in relationships.
PE.6.2.a	Celebrate successes and achievement by self and others.
HE.1.2.a	Identify positive ways to express emotions.
W.7.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in W.7.1-3.)

**LESSON 12: "Head-Butting the Wall" p. 71**

CODE	STANDARD
HE.1.1.b	Identify goal-setting strategies and use them to create a plan for reaching a health-related goal.
SL.7.1b	Follow rules for collegial discussions, track progress toward specific goals and deadlines, and define individual roles as needed.

CODE	
RL	Reading Literature
SL	Speaking and Listening
W	Writing
HE	Health Education
PE	Physical Education

*Effective 2016.*