



# RHODE ISLAND STANDARDS ALIGNMENT DOCUMENT

## *Chicken Soup for the Soul Hallway Heroes*

### GRADE 8

All stories come from *Chicken Soup for the Soul: Create Your Best Future*

Source Link(s): <http://www.ride.ri.gov/InstructionAssessment/Overview.aspx>

#### LESSON 1: "Celebrate Life" p. 272

CODE	STANDARD
H.5-8.MH.5.1	Use effective verbal and nonverbal communication skills to enhance mental health, e.g. skills to maintain healthy relationships, friendships, family, dating. (REQUIRED TOPICS: listening skills; assertiveness; "I" statements; how problem-solving requires communication skills)
H.5-8.MH.6.1	Apply a decision-making process to emotional health issues and problems individually and collaboratively. (REQUIRED TOPICS: ways to promote mental and emotional health, e.g. exercise, communication)
H.5-8.MH.7.5	Work cooperatively when advocating for healthy individuals, family and schools.
PE.6-8.S.5.5	Work cooperatively with a group to achieve group goals in competitive as well as cooperative settings.
SL.8.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 8 topics, texts and issues, building on others' ideas and expressing their own clearly.
SL.8.1a	Come to discussions prepared, having read or researched the relevant material, and explicitly draw on that preparation by referring to evidence on the topic, text, or issue to probe and reflect on ideas under discussion.
RL.8.1	Cite the textual evidence that most strongly supports an analysis of what the text says explicitly as well as inferences drawn from the text.

#### LESSON 2: "It's a Great Day to Be Alive" p. 47

CODE	STANDARD
H.5-8.MH.6.4	Apply effective communication strategies to attain personal mental and emotional health goals.
H.5-8.MH.6.5	Develop an emotional health plan that addresses personal strengths, needs and health risks.
H.5-8.MH.5.4	Communicate care, consideration and respect of self and others.
H.5-8.MH.7.5	Work cooperatively when advocating for healthy individuals, family and schools.
RL.8.3	Analyze how particular lines of dialogue or incidents in a story or drama propel the action, reveal aspects of a character, or provoke a decision.
W.8.1	Write arguments to support claims with clear reasons and relevant evidence.
W.8.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

#### LESSON 3: "Defining Myself" p. 148

CODE	STANDARD
H.5-8.MH.5.1	Use effective verbal and nonverbal communication skills to enhance mental health, e.g. skills to maintain healthy relationships, friendships, family, dating. (REQUIRED TOPICS : listening skills; assertiveness; "I" statements; how problem-solving requires communication skills)
H.5-8.MH.7.5	Work cooperatively when advocating for healthy individuals, family and schools.
PE.6-8.S5.5	Work cooperatively with a group to achieve group goals in competitive as well as cooperative settings.
H.5-8.MH.6.3	Predict how decisions regarding emotional expression have consequences for self and

	others. (REQUIRED TOPICS: predicting outcomes of emotionally charged situations; dealing with conflict; anger management; assertiveness vs. aggressiveness; dating abuse/violence; bullying).
SL.8.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 8 topics, texts and issues, building on others' ideas and expressing their own clearly.
SL.8.1b	Follow rules for collegial discussions and decision making: track progress toward specific goals and deadlines, and define individual roles as needed.
W.8.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

**LESSON 4: "Switching Roles" p. 114**

CODE	STANDARD
H.5-8.MH.6.1	Apply a decision-making process to emotional health issues and problems individually and collaboratively. (REQUIRED TOPICS: ways to promote mental and emotional health, e.g. exercise, communication)
RL.8.2	Determine a theme or central idea of a text and analyze its development over the course of the text, including its relationship to the characters, setting, and plot; provide an objective summary of the text.
SL.8.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 8 topics, texts and issues, building on others' ideas and expressing their own clearly.

**LESSON 5: "A Place to Call Home" p. 176**

CODE	STANDARD
H.5-8.MH.5.1	Use effective verbal and nonverbal communication skills to enhance mental health, e.g. skills to maintain healthy relationships, friendships, family, dating. (REQUIRED TOPICS : listening skills; assertiveness; "I" statements; how problem-solving requires communication skills)
H.5-8.MH.7.5	Work cooperatively when advocating for healthy individuals, family and schools.
PE.6-8.S.5.5	Work cooperatively with a group to achieve group goals in competitive as well as cooperative settings.
SL.8.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 8 topics, texts and issues, building on others' ideas and expressing their own clearly.
SL.8.1c	Pose questions that connect the ideas of several speakers and respond to others' questions and comments with relevant evidence, observations, and ideas.
RL.8.1	Cite the textual evidence that most strongly supports an analysis of what the text says explicitly as well as inferences drawn from the text.

**LESSON 6: "The Stranger Within" p. 87**

CODE	STANDARD
H.5-8.MH.5.4	Communicate care, consideration and respect of self and others.
H.5-8.MH.6.1	Apply a decision-making process to emotional health issues and problems individually and collaboratively. (REQUIRED TOPICS: ways to promote mental and emotional health, e.g. exercise, communication)
W.8.7	Conduct short research projects to answer a question (including a self-generated question), drawing on several sources and generating additional related, focused questions that allow for multiple avenues of exploration.
W.8.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

**LESSON 7: "The Smile" p. 309**

CODE	STANDARD
H.5-8.MH.6.3	Predict how decisions regarding emotional expression have consequences for self and others. (REQUIRED TOPICS: predicting outcomes of emotionally charged situations; dealing with conflict; anger management; assertiveness vs. aggressiveness; dating abuse/violence; bullying).
H.5-8.MH.7.5	Work cooperatively when advocating for healthy individuals, family and schools.
PE.6-8.S.5.5	Work cooperatively with a group to achieve group goals in competitive as well as cooperative settings.
H.5-8.MH.6.3	Predict how decisions regarding emotional expression have consequences for self and others. (REQUIRED TOPICS: predicting outcomes of emotionally charged situations; dealing with conflict; anger management; assertiveness vs. aggressiveness;; dating abuse/violence; bullying)
W.8.8	Gather relevant information from multiple print and digital sources, using search terms effectively; assess the credibility and accuracy of each sources; quote or paraphrase the data and conclusions of others while avoiding plagiarism and following a standard format for citation.

**LESSON 8: “The Walk that Changed Our Lives” p. 225  
“Feeling Full” p. 234**

CODE	STANDARD
H.5-8.MH.3.1	Explain the importance of assuming responsibility for behaviors, e.g. maintaining healthy relationships. (REQUIRED TOPICS: influence of feelings, self-concept on behaviors)
RL.8.3	Analyze how particular lines of dialogue or incidents in a story or drama propel the action, reveal aspects of a character, or provoke a decision.

**LESSON 9: “Finding a Vision” p. 145**

CODE	STANDARD
H.5-8.MH.6.3	Predict how decisions regarding emotional expression have consequences for self and others. (REQUIRED TOPICS: predicting outcomes of emotionally charged situations; dealing with conflict; anger management; assertiveness vs. aggressiveness; dating abuse/violence; bullying).
H.5-8.MH.6.2	Analyze how the expression of emotions is influenced by individuals, family or community values.
SL.8.1b	Follow rules for collegial discussions and decision making: track progress toward specific goals and deadlines, and define individual roles as needed.

**LESSON 10: “Changing the World—One Clip at a Time” p. 25**

CODE	STANDARD
H.5-8.MH.6.4	Apply effective communication strategies to attain personal mental and emotional health goals.
H.5-8.MH.6.5	Develop an emotional health plan that addresses personal strengths, needs and health risks.
RL.8.1	Cite the textual evidence that most strongly supports an analysis of what the text says explicitly as well as inferences drawn from the text.
SL.8.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 8 topics, texts and issues, building on others’ ideas and expressing their own clearly.
SL.8.1b	Follow rules for collegial discussions and decision making: track progress toward specific goals and deadlines, and define individual roles as needed.
H.5-8.MH.6.4	Apply effective communication strategies to attain personal mental and emotional health goals.

**LESSON 11: "A Mom's Blessing" p. 167**

<b>CODE</b>	<b>STANDARD</b>
H.5-8.MH.5.4	Communicate care, consideration and respect of self and others.
H.5-8.MH.7.5	Work cooperatively when advocating for healthy individuals, family and schools.
PE.6-8.S.5.5	Work cooperatively with a group to achieve group goals in competitive as well as cooperative settings.
RL.8.2	Determine a theme or central idea of a text and analyze its development over the course of the text, including its relationship to the characters, setting, and the plot; provide an objective summary of the text.
W.8.2	Write informative/explanatory texts to examine a topic and convey ideas, concepts, and information through the selection, organization, and analysis of relevant content.
W.8.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.
SL.8.1b	Follow rules for collegial discussions and decision making: track progress toward specific goals and deadlines, and define individual roles as needed.

**LESSON 12: "My Epiphany" p. 378**

<b>CODE</b>	<b>STANDARD</b>
H.5-8.MH.6.2	Analyze how the expression of emotions is influenced by individuals, family or community values.
H.5-8.MH.4.1	Describe the influence of cultural beliefs on mental and emotional health, e.g. gender roles and stereotypes, dating violence, bullying. (REQUIRED TOPICS: self-concept; range of emotional experience and expression; relationships influenced by culture; Inherited characteristics)
H.5-8.MH.3.6	Identify and apply ways to avoid and reduce situations threatening mental or emotional health.(REQUIRED TOPICS: abuse & bullying; relationships with others; managing stress)
W.8.2	Write informative/explanatory texts to examine a topic and convey ideas, concepts, and information through the selection, organization, and analysis of relevant content.
W.8.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.
SL.8.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 8 topics, texts and issues, building on others' ideas and expressing their own clearly.
SL.8.1b	Follow rules for collegial discussions and decision making: track progress toward specific goals and deadlines, and define individual roles as needed.

<b>CODE</b>	
RL	Reading Literature
SL	Speaking and Listening
W	Writing
H	Health
PE	Physical Education
PH	Personal Health
MH	Mental Health