



NORTH CAROLINA STANDARDS ALIGNMENT DOCUMENT

Chicken Soup for the Soul Hallway Heroes

GRADE 4

All lessons come from *Chicken Soup for the Soul: Be the Best You Can Be*

Source Link(s): <http://www.dpi.state.nc.us/acre/standards/new-standards/#social>

LESSON 1: "Thanks Y'All!" p. 247

CODE	STANDARD
4.ICR.1	Understand healthy and effective interpersonal communication and relationships.
4.ICR.1.5	Exemplify how to seek assistance for bullying.
4.MEH.1.2	Implement healthy strategies for handling stress, including asking for assistance.
CC.4.RL.8	Recall relevant information from experiences or gather relevant information from print and digital sources; take notes and categorize information, and provide a list of sources.
CC.4.SL.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 4 topics and texts, building on others' ideas and expressing their own clearly.

LESSON 2: "Friends Forever" p. 254

CODE	STANDARD
4.ICR.1.4	Recognize situations that might lead to violence.
4.MEH.2.2	Explain how effective problem solving aids in making healthy choices.
4.ICR.1.1	Explain the importance of showing respect for self and respect and empathy for others.
CC.4.W.9.a	Apply grade 4 Reading standards to literature (e.g., "Describe in depth a character, setting, or event in a story or drama, drawing on specific details in the text [e.g., a character's thoughts, words, or actions].").

LESSON 3: "Start with the Truth" p. 287

CODE	STANDARD
4.ICR.1	Understand healthy and effective interpersonal communication and relationships.
CC.4.RL.2	Determine a theme of a story, drama, or poem from details in the text; summarize the text.
CC.4.SL.4	Report on a topic or text, tell a story, or recount an experience in an organized manner, using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace.

LESSON 4: "Alone" p. 77

CODE	STANDARD
4.ICR.1.3	Interpret facial expressions and posture to emotions and empathy.
4.ICR.1	Understand healthy and effective interpersonal communication and relationships.
4.ICR.1.6	Contrast healthy and unhealthy relationships.
CC.4.W.9.a	Apply grade 4 Reading standards to literature (e.g., "Describe in depth a character, setting, or event in a story or drama, drawing on specific details in the text [e.g., a character's thoughts, words, or actions].").

LESSON 5: "The Carriage House" p. 299

CODE	STANDARD
4.ICR.1.3	Interpret facial expressions and posture to emotions and empathy.
4.ICR.1.1	Explain the importance of showing respect for self and respect and empathy for others.
CC.4.RI.3	Explain events, procedures, ideas, or concepts in a historical, scientific, or technical text, including what happened and why, based on specific information in the text.
CC.4.W.3.a	Orient the reader by establishing a situation and introducing a narrator and/or

	characters; organize an event sequence that unfolds naturally.
LESSON 6: "Proud to be Your Sister" p. 115	
CODE	STANDARD
4.ICR.1.1	Explain the importance of showing respect for self and respect and empathy for others.
CC.4.RL.3	Describe in depth a character, setting, or event in a story or drama, drawing on specific details in the text (e.g., a character's thoughts, words, or actions).
CC.4.W.6	With some guidance and support from adults, use technology, including the Internet, to produce and publish writing as well as to interact and collaborate with others; demonstrate sufficient command of keyboarding skills to type a minimum of one page in a single sitting.
LESSON 7: "Losing an Enemy" p. 163	
CODE	STANDARD
4.ICR.1	Understand healthy and effective interpersonal communication and relationships.
4.MEH.2	Understand the relationship between healthy expression of emotions, mental health, and healthy behavior.
CC.4.RL.3	Describe in depth a character, setting, or event in a story or drama, drawing on specific details in the text (e.g., a character's thoughts, words, or actions).
CC.4.W.4	Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in standards 1–3 above.)
LESSON 8: "Embracing My Uniqueness" p. 180	
CODE	STANDARD
4.MEH.2.1	Identify unique personal characteristics that contribute to positive mental health.
4.MEH.2	Understand the relationship between healthy expression of emotions, mental health, and healthy behavior.
CC.4.RL.3	Describe in depth a character, setting, or event in a story or drama, drawing on specific details in the text (e.g., a character's thoughts, words, or actions).
CC.4.W.4	Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in standards 1–3 above.)
LESSON 9: "More Than Good Enough" p. 192	
CODE	STANDARD
4.MEH.2.2	Explain how effective problem solving aids in making healthy choices.
CC.4.RL.3	Describe in depth a character, setting, or event in a story or drama, drawing on specific details in the text (e.g., a character's thoughts, words, or actions).
CC.4.W.9.a	Apply grade 4 Reading standards to literature (e.g., "Describe in depth a character, setting, or event in a story or drama, drawing on specific details in the text [e.g., a character's thoughts, words, or actions].").
CC.4.W.6	With some guidance and support from adults, use technology, including the Internet, to produce and publish writing as well as to interact and collaborate with others; demonstrate sufficient command of keyboarding skills to type a minimum of one page in a single sitting.
LESSON 10: "On Top of the World" p. 9	
CODE	STANDARD
4.MEH.2.1	Identify unique personal characteristics that contribute to positive mental health.
CC.4.RI.8	Explain how an author uses reasons and evidence to support particular points in a text.
CC.4.W.9.a	Apply grade 4 Reading standards to literature (e.g., "Describe in depth a character, setting, or event in a story or drama, drawing on specific details in the text [e.g., a character's thoughts, words, or actions].").

LESSON 11: "The Last Runner" p. 36

CODE	STANDARD
4.MEH.1.1	Summarize effective coping strategies to manage stress.
4.MEH.2	Understand the relationship between healthy expression of emotions, mental health, and healthy behavior.
CC.4.RI.2	Determine the main idea of a text and explain how it is supported by key details; summarize the text.

LESSON 12: "Then and Now" p. 358

CODE	STANDARD
4.MEH.1.2	Implement healthy strategies for handling stress, including asking for assistance.
PE.4.PR.4.2	Use cooperation and communication skills to achieve common goals.
CC.4.RL.2	Determine a theme of a story, drama, or poem from details in the text; summarize the text.

CODE	
ICR	Interpersonal Communication and Relationships
MEH	Mental and Emotional Health
RL	Reading Literature
RI	Reading Informational Text
W	Writing
SL	Speaking and Listening
PE	Physical Education
PR	Personal/Social Responsibility
CC	Common Core