



NEW MEXICO STANDARDS ALIGNMENT DOCUMENT

Chicken Soup for the Soul Hallway Heroes

GRADE 5

All stories come from *Chicken Soup for the Soul: Be the Best You Can Be*

Source Link(s): <http://www.ped.state.nm.us/standards/index.html>

LESSON 1: "The Slam Book" p. 69

CODE	STANDARD
HE.7.4.5-6.1	Role play how to help others make healthy choices in the areas related to sexuality; nutrition; alcohol, tobacco and other drug use; physical activity; personal safety; mental, social and emotional well-being.
HE.2.6.5-6.3	Recognize and identify professional health services in the community.
SL.5.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly.

LESSON 2: "The Bully and the Braid" p. 160

CODE	STANDARD
HE.5.3.5-6.3	Describe and demonstrate how to respond appropriately to other people's needs, wants and feelings.
RL.5.2	Determine a theme of a story, drama, or poem from details in the text, including how characters in a story or drama respond to challenges or how the speaker in a poem reflects upon a topic; summarize the text.

LESSON 3: "The Smile that Beat the Bully" p. 156

CODE	STANDARD
HE.6.6.5-6.2	Develop a personal wellness plan that addresses a personal health need and goal.
HE.1.4.5-6.1	Describe how family, peers, media, culture and others influence adolescent decision-making in the areas related to sexuality; nutrition; alcohol, tobacco and other drug use; physical activity; personal safety; mental, social and emotional well-being.
RL.5.3	Compare and contrast two or more characters, settings, or events in a story or drama, drawing on specific details in the text (e.g., how characters interact).
RL.5.1	Quote accurately from a text when explaining what the text says explicitly and when drawing inferences from the text.

LESSON 4: "Solving a Fifth Grade Problem" p. 165

CODE	STANDARD
HE.3.3.5-6.2	Identify negative or harmful behaviors in relationships and identify strategies to resolve the situation.
RL.5.2	Determine a theme of a story, drama, or poem from details in the text, including how characters in a story or drama respond to challenges or how the speaker in a poem reflects upon a topic; summarize the text.
RL.5.3	Compare and contrast two or more characters, settings, or events in a story or drama, drawing on specific details in the text (e.g., how characters interact).

LESSON 5: "Flowers of Forgiveness" p. 212

CODE	STANDARD
HE.7.4.5-6.1	Role play how to help others make healthy choices in the areas related to sexuality; nutrition; alcohol, tobacco and other drug use; physical activity; personal safety; mental, social and emotional well-being.
RL.5.2	Determine a theme of a story, drama, or poem from details in the text, including how

	characters in a story or drama respond to challenges or how the speaker in a poem reflects upon a topic; summarize the text.
LESSON 6: "My Sister, My Hero" p. 109	
CODE	STANDARD
HE.3.6.5-6.2	Demonstrate refusal skills in the context of dangerous situations (i.e., tobacco, alcohol, other drugs, inappropriate touch, etc.).
HE.6.6.5-6.2	Develop a personal wellness plan that addresses a personal health need and goal.
VA.5B.4-5.2	Communicate about works of art using activities such as class discussion, portfolio collection and display.
W.5.1	Write opinion pieces on topics or texts, supporting a point of view with reasons and information.
LESSON 7: "Growing a Spine" p. 51	
CODE	STANDARD
HE.1.5.5-6.2	Understand the importance of maintaining the environment and promoting its use for stress reduction, wellness and recreational activities.
VA.2A.4-5.1	Use personal experience as inspiration for expression in visual art.
W.5.9a	Apply grade 5 Reading standards to literature (e.g., "Compare and contrast two or more characters, settings, or events in a story or a drama, drawing on specific details in the text [e.g., how characters interact]"). b. Apply grade 5 Reading standards.
LESSON 8: "Find Yourself a Dream" p. 177	
CODE	STANDARD
HE.3.7.5-6.1	Identify stressors and strategies to reduce their harmful effects.
HE.3.2.5-6.2	Identify health assessment data that can help determine health goals in the areas related to sexuality; nutrition; alcohol, tobacco and other drug use; physical activity; personal safety; mental, social and emotional well-being (i.e., physical fitness data, nutrition log, youth-reported data for risk and resiliency factors, etc.).
W.5.3a	Orient the reader by establishing a situation and introducing a narrator and/or characters; organize an event sequence that unfolds naturally.
LESSON 9: "The Bionic Woman Is Black" p. 373	
CODE	STANDARD
HE.3.1.5-6.2	Describe the consequences of personal health choices and their effects.
HE.1.4.5-6.1	Describe how family, peers, media, culture and others influence adolescent decision-making in the areas related to sexuality; nutrition; alcohol, tobacco and other drug use; physical activity; personal safety; mental, social and emotional well-being.
SL.5.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly.
W.5.3a	Orient the reader by establishing a situation and introducing a narrator and/or characters; organize an event sequence that unfolds naturally.
LESSON 10: "1,000 Makes a Day" p. 16	
CODE	STANDARD
HE.3.2.5-6.2	Identify health assessment data that can help determine health goals in the areas related to sexuality; nutrition; alcohol, tobacco and other drug use; physical activity; personal safety; mental, social and emotional well-being (i.e., physical fitness data, nutrition log, youth-reported data for risk and resiliency factors, etc.).
HE.6.6.5-6.2	Develop a personal wellness plan that addresses a personal health need and goal.
LESSON 11: "The Note" p. 319	

CODE	STANDARD
SL.5.1b	Build on others' talk in conversations by linking their comments to the remarks of others.
SL.5.3	Ask and answer questions about what a speaker says in order to clarify comprehension, gather additional information, or deepen understanding of a topic or issue.
SL.5.1d	Review the key ideas expressed and draw conclusions in light of information and knowledge gained from the discussions.
LESSON 12: "The Normal Girl in a Not-So-Normal Chair" p. 90	
CODE	STANDARD
SL.5.1b	Build on others' talk in conversations by linking their comments to the remarks of others.
SL.5.3	Ask and answer questions about what a speaker says in order to clarify comprehension, gather additional information, or deepen understanding of a topic or issue.
HE.4.1.5-6.1	Identify and discuss qualities of cultures (both positive and negative) in the school and community and how they contribute to health, safety and personal choices in the areas related to sexuality; nutrition; alcohol, tobacco and other drug use; physical activity; personal safety; mental, social and emotional well-being.
RL.5.2	Determine a theme of a story, drama, or poem from details in the text, including how characters in a story or drama respond to challenges or how the speaker in a poem reflects upon a topic; summarize the text.

CODE	
HE	Health Education
RL	Reading: Literature
W	Writing
SL	Speaking and Listening
VA	Visual Arts