



MINNESOTA STANDARDS ALIGNMENT DOCUMENT

Chicken Soup for the Soul Hallway Heroes

GRADE 7

All stories come from *Chicken Soup for the Soul: Create Your Best Future*

Source Link(s): <https://education.state.mn.us/MDE/EdExc/StanCurri/K-12AcademicStandards/index.htm>

LESSON 1: "McDonald's" p. 186

CODE	STANDARD
HE.1.8.9	Examine the potential seriousness of injury or illness if engaging in unhealthy behaviors.
HE.8.8.1	State a health-enhancing position on a topic and support it with accurate information.
HE.1.8.8	Examine the likelihood of injury or illness if engaging in unhealthy behaviors.
7.9.1.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on Grade 7 topics, texts, and issues, building on others' ideas and expressing their own clearly.

LESSON 2: "The Boldest Girl in Class" p. 22

CODE	STANDARD
HE.6.8.3	Apply strategies and skills needed to attain a personal health goal.
HE.8.8.2	Demonstrate how to influence and support others to make positive health choices.
7.7.3.3.d	Use precise words and phrases, relevant descriptive details, and sensory language to capture the action and convey experiences and events.

LESSON 3: "You Get What You Give" p. 28

CODE	STANDARD
HE.2.8.2	Describe the influence of culture on health beliefs, practices, and behaviors.
HE.2.8.3	Describe how peers influence healthy and unhealthy behaviors.
HE.2.8.7	Explain how the perceptions of norms influence healthy and unhealthy behaviors.
HE.6.8.4	Describe how personal health goals can vary with changing abilities, priorities, and responsibilities.
HE.4.8.3	Demonstrate effective conflict management or resolution strategies.
HE.2.8.3	Describe how peers influence healthy and unhealthy behaviors.
7.9.1.1.c	Pose questions that elicit elaboration and respond to others' questions and comments with relevant observations and ideas that bring the discussion back on topic as needed.
7.4.2.2	Determine a theme or central idea of a text and analyze its development over the course of the text; provide an objective summary of the text.

LESSON 4: "John" p. 92

CODE	STANDARD
HE.6.8.2	Develop a goal to adopt, maintain, or improve a personal health practice.
HE.6.8.3	Apply strategies and skills needed to attain a personal health goal.
HE.8.8.4	Identify ways in which health messages and communication techniques can be altered for different audiences.
6.7.3.3	Write narratives to develop real or imagined experiences or events using effective techniques, relevant descriptive details, and well-structured event sequences.
7.7.8.8	Gather relevant information from multiple print and digital sources, using search terms

	effectively; assess the credibility and accuracy of each source; and quote or paraphrase the data and conclusions of others while avoiding plagiarism and following a standard format for citation.
7.7.9.9	Draw evidence from literary or informational texts to support analysis, reflection, and research.
7.7.4.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in W.7.1-3.)

LESSON 5: "Taxi" p. 103

CODE	STANDARD
HE.2.8.2	Describe the influence of culture on health beliefs, practices, and behaviors.
HE.2.8.3	Describe how peers influence healthy and unhealthy behaviors.
HE.2.8.7	Explain how the perceptions of norms influence healthy and unhealthy behaviors.
HE.4.8.2	Demonstrate refusal and negotiation skills that avoid or reduce health risks.
HE.4.8.1	Apply effective verbal and nonverbal communication skills to enhance health.
7.7.1.1.c	Use words, phrases, and clauses to create cohesion and clarify the relationships among claims, reasons, and evidence.
7.7.1.1.b	Use narrative techniques, such as dialogue, pacing, and description, to develop experiences, events, and/or characters.
7.7.4.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in W.7.1-3.)

LESSON 6: "A Lifetime of Stuttering" p. 123

CODE	STANDARD
HE.2.8.8	Explain the influence of personal values and beliefs on individual health practices and behaviors.
HE.6.8.1	Assess personal health practices.
7.4.1.1	Cite several pieces of textual evidence to support analysis of what the text says explicitly as well as inferences drawn from the text.

LESSON 7: "Under One Roof" p. 366

CODE	STANDARD
HE.7.8.2	Demonstrate healthy practices and behaviors that will maintain or improve the health of self and others.
HE.8.8.3	Work cooperatively to advocate for healthy individuals, families, and schools.
7.9.1.1.b	Follow rules for collegial discussions, track progress toward specific goals and deadlines, and define individual roles as needed.

LESSON 8: "Understanding Jenny" p. 339

CODE	STANDARD
HE.8.8.3	Work cooperatively to advocate for healthy individuals, families, and schools.
HE.8.8.4	Identify ways in which health messages and communication techniques can be altered for different audiences.

7.7.1.1	Write narratives to develop real or imagined experiences or events using effective techniques, relevant descriptive details, and well-structured event sequences.
7.7.4.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in W.7.1-3.)

LESSON 9: "Measuring Miracles by Leaps and Bounds" p. 188

CODE	STANDARD
HE.7.8.1	Explain the importance of assuming responsibility for personal health behaviors.
HE.6.8.4	Describe how personal health goals can vary with changing abilities, priorities, and responsibilities.
HE.1.8.2	Describe the interrelationships of emotional, intellectual, physical, and social health in adolescence.
7.4.1.1	Cite several pieces of textual evidence to support analysis of what the text says explicitly as well as inferences drawn from the text.

LESSON 10: "The Truck" p. 195

CODE	STANDARD
HE.1.8.7	Describe the benefits of and barriers to practicing healthy behaviors.
7.9.1.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on Grade 7 topics, texts, and issues, building on others' ideas and expressing their own clearly.

LESSON 11: "The End of the Zombie Days" p. 62

CODE	STANDARD
HE.4.8.1	Apply effective verbal and nonverbal communication skills to enhance health.
HE.4.8.2	Demonstrate refusal and negotiation skills that avoid or reduce health risks.
HE.7.8.2	Demonstrate healthy practices and behaviors that will maintain or improve the health of self and others.
7.7.4.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in W.7.1-3.)

LESSON 12: "Head-Butting the Wall" p. 71

CODE	STANDARD
HE.6.8.1	Assess personal health practices.
7.9.1.1	Follow rules for collegial discussions, track progress toward specific goals and deadlines, and define individual roles as needed.

CODE	
HE	Health Education
C	Citizenship and Government
A	Art
1.1	Reading Literature
1.2	Reading Informational Text
1.6	Writing
1.8	Speaking, Viewing, and Media

	Literacy
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