



DELAWARE STANDARDS ALIGNMENT DOCUMENT

Chicken Soup for the Soul Hallway Heroes

GRADE 8

All stories come from *Chicken Soup for the Soul: Create Your Best Future*

Source Link(s): <http://www.doe.k12.de.us/domain/200>

LESSON 1: "Celebrate Life" p. 272

CODE	STANDARD
HE.1.2	Describe the interrelationship of intellectual, emotional, social and physical health during adolescence.
HE.5	Demonstrate the ability to use decision-making skills to enhance health.
HE.8.3	Work cooperatively when advocating for healthy individuals, families, and schools.
SL.8.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 8 topics, texts and issues, building on others' ideas and expressing their own clearly.
SL.8.1a	Come to discussions prepared, having read or researched the relevant material, and explicitly draw on that preparation by referring to evidence on the topic, text, or issue to probe and reflect on ideas under discussion.
RL.8.1	Cite the textual evidence that most strongly supports an analysis of what the text says explicitly as well as inferences drawn from the text.

LESSON 2: "It's a Great Day to Be Alive" p. 47

CODE	STANDARD
HE.6.2	Develop a goal to adopt, maintain, or improve a personal health practice.
HE.6.3	Apply strategies and skills needed to attain the personal goal.
HE.7.2	Model healthy practices that will maintain or improve the health of self and others.
HE.8.3	Work cooperatively when advocating for healthy individuals, families, and schools.
RL.8.3	Analyze how particular lines of dialogue or incidents in a story or drama propel the action, reveal aspects of a character, or provoke a decision.
W.8.1	Write arguments to support claims with clear reasons and relevant evidence.
W.8.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

LESSON 3: "Defining Myself" p. 148

CODE	STANDARD
HE.4.1	Use effective verbal and nonverbal communication skills to enhance health.
HE.8.3	Work cooperatively when advocating for healthy individuals, families, and schools.
HE.7.2	Model healthy practices that will maintain or improve health of self and others.
SL.8.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 8 topics, texts and issues, building on others' ideas and expressing their own clearly.
SL.8.1b	Follow rules for collegial discussions and decision making: track progress toward specific goals and deadlines, and define individual roles as needed.
W.8.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

LESSON 4: "Switching Roles" p. 114

CODE	STANDARD
HE.5	Demonstrate the ability to use decision-making skills to enhance health.
RL.8.2	Determine a theme or central idea of a text and analyze its development over the course of the text, including its relationship to the characters, setting, and plot; provide

	an objective summary of the text.
SL.8.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 8 topics, texts and issues, building on others' ideas and expressing their own clearly.
LESSON 5: "A Place to Call Home" p. 176	
CODE	STANDARD
HE.4.1	Use effective verbal and nonverbal communication skills to enhance health.
HE.8.3	Work cooperatively when advocating for healthy individuals, families, and schools.
SL.8.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 8 topics, texts and issues, building on others' ideas and expressing their own clearly.
SL.8.1c	Pose questions that connect the ideas of several speakers and respond to others' questions and comments with relevant evidence, observations, and ideas.
RL.8.1	Cite the textual evidence that most strongly supports an analysis of what the text says explicitly as well as inferences drawn from the text.
LESSON 6: "The Stranger Within" p. 87	
CODE	STANDARD
HE.7.1	Describe the importance of being responsible for personal health behaviors.
W.8.7	Conduct short research projects to answer a question (including a self-generated question), drawing on several sources and generating additional related, focused questions that allow for multiple avenues of exploration.
W.8.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.
LESSON 7: "The Smile" p. 309	
CODE	STANDARD
HE.5.1	Identify circumstances that can help or hinder healthy decision making.
HE.8.3	Work cooperatively when advocating for healthy individuals, families, and schools.
HE.5.7	Analyze the outcome(s) of a health-related decision.
HE.5.6	Choose healthy alternatives over unhealthy alternatives when making a decision.
W.8.8	Gather relevant information from multiple print and digital sources, using search terms effectively; assess the credibility and accuracy of each source; quote or paraphrase the data and conclusions of others while avoiding plagiarism and following a standard format for citation
LESSON 8: "The Walk that Changed Our Lives" p. 225 "Feeling Full" p. 234	
CODE	STANDARD
HE.6.1	Assess personal health practices.
HE.6.2	Develop a goal to adopt, maintain, or improve a personal health practice.
RL.8.3	Analyze how particular lines of dialogue or incidents in a story or drama propel the action, reveal aspects of a character, or provoke a decision.
LESSON 9: "Finding a Vision" p. 145	
CODE	STANDARD
HE.5.1	Identify circumstances that can help or hinder healthy decision making.
SL.8.1b	Follow rules for collegial discussions and decision making: track progress toward specific goals and deadlines, and define individual roles as needed.
LESSON 10: "Changing the World—One Clip at a Time" p. 25	
CODE	STANDARD
HE.6	Demonstrate the ability to use goal-setting skills to enhance health.

HE.6.2	Apply strategies and skills needed to attain the personal health goal.
RL.8.1	Cite the textual evidence that most strongly supports an analysis of what the text says explicitly as well as inferences drawn from the text.
SL.8.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 8 topics, texts and issues, building on others' ideas and expressing their own clearly.
SL.8.1b	Follow rules for collegial discussions and decision making: track progress toward specific goals and deadlines, and define individual roles as needed.

LESSON 11: "A Mom's Blessing" p. 167

CODE	STANDARD
HE.4.1	Apply effective verbal and nonverbal communication skills to enhance health.
HE.8.3	Work cooperatively when advocating for healthy individuals, families, and schools.
HE.5.7	Analyze the outcome(s) of a health-related decision.
RL.8.2	Determine a theme or central idea of a text and analyze its development over the course of the text, including its relationship to the characters, setting, and the plot; provide an objective summary of the text.
W.8.2	Write informative/explanatory texts to examine a topic and convey ideas, concepts, and information through the selection, organization, and analysis of relevant content.
W.8.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.
SL.8.1b	Follow rules for collegial discussions and decision making: track progress toward specific goals and deadlines, and define individual roles as needed.

LESSON 12: "My Epiphany" p. 378

CODE	STANDARD
HE.4	Demonstrate the ability to use interpersonal communication to enhance health and avoid or reduce health risks.
HE.2.2	Describe the influence of culture on health beliefs and practices.
HE.4.3	Model effective conflict management or resolution strategies.
W.8.2	Write informative/explanatory texts to examine a topic and convey ideas, concepts, and information through the selection, organization, and analysis of relevant content.
W.8.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.
SL.8.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 8 topics, texts and issues, building on others' ideas and expressing their own clearly.
SL.8.1b	Follow rules for collegial discussions and decision making: track progress toward specific goals and deadlines, and define individual roles as needed.

CODE	
RL	Reading Literature
SL	Speaking and Listening
W	Writing
HE	Health