



# DELAWARE STANDARDS ALIGNMENT DOCUMENT

## *Chicken Soup for the Soul Hallway Heroes*

### GRADE 7

All stories come from *Chicken Soup for the Soul: Create Your Best Future*

Source Link(s): <http://www.doe.k12.de.us/domain/200>

#### LESSON 1: "McDonald's" p. 186

CODE	STANDARD
HE.1	Understand essential health concepts in order to transfer knowledge into healthy actions for life.
HE.1.2	Describe the interrelationship of intellectual, emotional, social, and physical health during adolescence.
SL.7.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on Grade 7 topics, texts, and issues, building on others' ideas and expressing their own clearly.

#### LESSON 2: "The Boldest Girl in Class" p. 22

CODE	STANDARD
HE.7.2	Model healthy practices that will maintain or improve the health of self and others.
HE.8.3	Work cooperatively when advocating for healthy individuals, families, and schools.
W.7.3d	Use precise words and phrases, relevant descriptive details, and sensory language to capture the action and convey experiences and events.

#### LESSON 3: "You Get What You Give" p. 28

CODE	STANDARD
HE.1.3	Analyze how the environment impacts personal health.
HE.8.2	Explain how to influence and support others in making positive health choices.
HE.4	Demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
HE.5.7	Analyze the outcome of a health-related decision.
SL.7.1c	Pose questions that elicit elaboration and respond to others' questions and comments with relevant observations and ideas that bring the discussion back on topic as needed.
RL.7.2	Determine a theme or central idea of a text and analyze its development over the course of the text; provide an objective summary of the text.

#### LESSON 4: "John" p. 92

CODE	STANDARD
HE.6.2	Develop a goal to adopt, maintain, or improve a personal health practice.
HE.6.3	Apply strategies and skills needed to attain the personal health goal.
HE.7.2	Model healthy practices that will maintain or improve the health of self and others.
HE.6.1	Assess personal health practices.
HE.4.1	Apply effective verbal and nonverbal communication skills to enhance health.
W.7.3	Write narratives to develop real or imagined experiences or events using effective techniques, relevant descriptive details, and well-structured event sequences.
W.7.8	Gather relevant information from multiple print and digital sources, using search terms effectively; assess the credibility and accuracy of each source; and quote or paraphrase the data and conclusions of others while avoiding plagiarism and following a standard format for citation.
W.7.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in W.7.1-3.)

**LESSON 5: "Taxi" p. 103**

<b>CODE</b>	<b>STANDARD</b>
HE.1.3	Analyze how the environment impacts personal health.
HE.1.4	Analyze how family history can impact personal health.
HE.4.1	Apply effective verbal and nonverbal communication skills to enhance health.
HE.4.3	Model effective conflict management or resolution strategies.
HE.7.3	Evaluate practices to avoid to reduce health risks to self and others.
W.7.1c	Use words, phrases, and clauses to create cohesion and clarify the relationships among claims, reasons, and evidence.
W.7.3b	Use narrative techniques, such as dialogue, pacing, and description, to develop experiences, events, and/or characters.
W.7.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in W.7.1-3.)

**LESSON 6: "A Lifetime of Stuttering" p. 123**

<b>CODE</b>	<b>STANDARD</b>
HE.6.1	Assess personal health practices.
HE.5.6	Choose healthy alternatives over unhealthy alternatives when making a decision
HE.5.7	Analyze the outcome(s) of a health-related decision.
RL.7.1	Cite several pieces of textual evidence to support analysis of what the text says explicitly as well as inferences drawn from the text.

**LESSON 7: "Under One Roof" p. 366**

<b>CODE</b>	<b>STANDARD</b>
HE.7.1	Describe the importance of being responsible for personal health behaviors.
HE.7.2	Model healthy practices that will maintain or improve health of self and others.
SL.7.1b	Follow rules for collegial discussions, track progress toward specific goals and deadlines, and define individual roles as needed.

**LESSON 8: "Understanding Jenny" p. 339**

<b>CODE</b>	<b>STANDARD</b>
HE.4.1	Apply effective verbal and nonverbal communication skills to enhance health.
HE.6.1	Assess personal health practices.
HE.7.2	Model healthy practices that will maintain or improve health of self and others.
W.7.3	Write narratives to develop real or imagined experiences or events using effective techniques, relevant descriptive details, and well-structured event sequences.
W.7.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in W.7.1-3.)

**LESSON 9: "Measuring Miracles by Leaps and Bounds" p. 188**

<b>CODE</b>	<b>STANDARD</b>
HE.6.4	Describe how personal health goals can vary with changing abilities, priorities, and responsibilities.
HE.7.3	Evaluate practices to avoid to reduce health risks to self and others.
HE.6.1	Assess personal health practices.
RL.7.1	Cite several pieces of textual evidence to support analysis of what the text says explicitly as well as inferences drawn from the text.

**LESSON 10: "The Truck" p. 195**

<b>CODE</b>	<b>STANDARD</b>
HE.1.3	Analyze how the environment impacts personal health.

HE.1.4	Analyze how family history can impact personal health.
HE.4.1	Apply effective verbal and nonverbal communication skills to enhance health.
SL.7.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on Grade 7 topics, texts, and issues, building on others' ideas and expressing their own clearly.

**LESSON 11: "The End of the Zombie Days" p. 62**

CODE	STANDARD
HE.6.1	Assess personal health practices.
HE.4.1	Apply effective verbal and nonverbal communication skills to enhance health.
HE.7.2	Model healthy practices that will maintain or improve health of self and others.
W.7.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in W.7.1-3.)
HE.8.1	State a health enhancing position on a topic and support it with accurate information.

**LESSON 12: "Head-Butting the Wall" p. 71**

CODE	STANDARD
HE.6.4	Describe how personal health goals can vary with changing abilities, priorities, and responsibilities.
HE.7.3	Evaluate practices to avoid to reduce health risks to self and others.
SL.7.1b	Follow rules for collegial discussions, track progress toward specific goals and deadlines, and define individual roles as needed.

CODE	
RL	Reading Literature
SL	Speaking and Listening
W	Writing
HE	Health

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