



# ARIZONA STANDARDS ALIGNMENT DOCUMENT

## *Chicken Soup for the Soul Hallway Heroes*

### GRADE 7

All stories come from *Chicken Soup for the Soul: Create Your Best Future*

Source Link(s): <http://www.azed.gov/standards-practices>

#### LESSON 1: "McDonald's" p. 186

CODE	STANDARD
7.HE.7.1.PO 1	Explain the importance of assuming responsibility for personal health behaviors.
7.HE.7.2.PO 1	Demonstrate healthy practices and behaviors that will maintain or improve the health of self and others.
SL.7.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on Grade 7 topics, texts, and issues, building on others' ideas and expressing their own clearly.

#### LESSON 2: "The Boldest Girl in Class" p. 22

CODE	STANDARD
7.HE.1.1.PO 1	Analyze the relationship between healthy behaviors and personal health.
7.HE.8.2.PO 1	Demonstrate how to work cooperatively to advocate for healthy individuals, families, and schools.
W.7.3d	Use precise words and phrases, relevant descriptive details, and sensory language to capture the action and convey experiences and events.

#### LESSON 3: "You Get What You Give" p. 28

CODE	STANDARD
7.HE.2.2.PO 2	Explain the influence of personal values and beliefs on individual health practices and behaviors.
7.HE.5.2.PO 6	Analyze the outcomes of a health-related decision.
SL.7.1c	Pose questions that elicit elaboration and respond to others' questions and comments with relevant observations and ideas that bring the discussion back on topic as needed.
RL.7.2	Determine a theme or central idea of a text and analyze its development over the course of the text; provide an objective summary of the text.

#### LESSON 4: "John" p. 92

CODE	STANDARD
7.HE.6.2.PO 1	Develop a goal to adopt, maintain, or improve a personal health practice.
7.HE.1.1.PO 1	Analyze the relationship between healthy behaviors and personal health.
7.HE.6.1.PO 1	Assess personal health practices.
W.7.3	Write narratives to develop real or imagined experiences or events using effective techniques, relevant descriptive details, and well-structured event sequences.
W.7.8	Gather relevant information from multiple print and digital sources, using search terms effectively; assess the credibility and accuracy of each source; and quote or paraphrase the data and conclusions of others while avoiding plagiarism and following a standard format for citation.
W.7.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in W.7.1-3.)

#### LESSON 5: "Taxi" p. 103

CODE	STANDARD
7.HE.2.2.PO 2	Explain the influence of personal values and beliefs on individual health practices and behaviors.

7.HE.5.2.PO 6	Analyze the outcomes of a health-related decision.
7.HE.5.2.PO 3	Distinguish between healthy and unhealthy alternatives to health related issues or problems.
7.HE.5.2.PO 4	Predict the potential short-term impact of each alternative on self and others.
W.7.1c	Use words, phrases, and clauses to create cohesion and clarify the relationships among claims, reasons, and evidence.
W.7.3b	Use narrative techniques, such as dialogue, pacing, and description, to develop experiences, events, and/or characters.
W.7.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in W.7.1-3.)

**LESSON 6: "A Lifetime of Stuttering" p. 123**

CODE	STANDARD
7.HE.6.1.PO 1	Assess personal health practices.
7.HE.5.2.PO 6	Analyze the outcomes of a health-related decision.
RL.7.1	Cite several pieces of textual evidence to support analysis of what the text says explicitly as well as inferences drawn from the text.

**LESSON 7: "Under One Roof" p. 366**

CODE	STANDARD
7.HE.5.1.PO 1	Identify circumstances that can help or hinder healthy decision making.
7.HE.8.2.PO 1	Demonstrate how to work cooperatively to advocate for healthy individuals, families, and schools.
SL.7.1b	Follow rules for collegial discussions, track progress toward specific goals and deadlines, and define individual roles as needed.

**LESSON 8: "Understanding Jenny" p. 339**

CODE	STANDARD
7.HE.5.2.PO 3	Distinguish between healthy and unhealthy alternatives to health related issues or problems.
7.HE.5.2.PO 4	Predict the potential short-term impact of each alternative on self and others.
7.HE.6.1.PO 1	Assess personal health practices.
7.HE.2.2.PO 2	Explain the influence of personal values and beliefs on individual health practices and behaviors.
W.7.3	Write narratives to develop real or imagined experiences or events using effective techniques, relevant descriptive details, and well-structured event sequences.
W.7.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in W.7.1-3.)

**LESSON 9: "Measuring Miracles by Leaps and Bounds" p. 188**

CODE	STANDARD
7.HE.6.2.PO 2	Apply strategies and skills needed to attain a personal health goal.
7.HE.6.1.PO 1	Assess personal health practices.
RL.7.1	Cite several pieces of textual evidence to support analysis of what the text says explicitly as well as inferences drawn from the text.

**LESSON 10: "The Truck" p. 195**

CODE	STANDARD
7.HE.2.2.PO 2	Explain the influence of personal values and beliefs on individual health practices and behaviors.
SL.7.1	Engage effectively in a range of collaborative discussions (one-on-one, in groups, and

	teacher-led) with diverse partners on Grade 7 topics, texts, and issues, building on others' ideas and expressing their own clearly.
<b>LESSON 11: "The End of the Zombie Days" p. 62</b>	
CODE	STANDARD
7.HE.6.1.PO 1	Assess personal health practices.
7.HE.6.2.PO 2	Apply strategies and skills needed to attain a personal health goal.
7.HE.2.2.PO 2	Explain the influence of personal values and beliefs on individual health practices and behaviors.
W.7.4	Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience. (Grade-specific expectations for writing types are defined in W.7.1-3.)
7.HE.8.1.PO 1	State a health enhancing position on a topic and support it with accurate information.
<b>LESSON 12: "Head-Butting the Wall" p. 71</b>	
CODE	STANDARD
7.HE.6.2.PO 2	Apply strategies and skills needed to attain a personal health goal.
SL.7.1b	Follow rules for collegial discussions, track progress toward specific goals and deadlines, and define individual roles as needed.

CODE	
HE	Health Education
RL	Reading Literature
SL	Speaking and Listening
W	Writing

*Effective 2016.*