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## Finding the funny in parenthood's ups and downs

*Chicken Soup for the Soul entertains and supports parents in a new collection*

**COS COB, Conn.** – Parenthood is full of ups and downs, but one thing is for sure: there's no shortage of humorous stories. Whether it's the kindergartener with no filter who embarrasses her mother or the cocky 16-year-old getting his driver's license, the stories in ***Chicken Soup for the Soul: Parenthood*** (Chicken Soup for the Soul Publishing, LLC, March 12, 2013, 978-1611599077, \$14.95) are a celebration of all the big and little moments experienced while raising a child.

The 101 stories in *Chicken Soup for the Soul: Parenthood* are quick, humorous reads that are easy to enjoy whenever busy parents have a free minute – whether waiting to pick up a child from soccer practice, sitting in the school pick-up line, or in those free ten minutes at the end of the day before passing out from exhaustion!

“Older parents will laugh a lot, tear up a little, and nod their heads in agreement as they recognize shared experiences shaping young lives,” says Chicken Soup for the Soul author and publisher Amy Newmark. “New parents will smile as they read about the adventures yet to come.”

Parenthood is full of surprises. Heather Davis was proud of her 7-year-old daughter for doing her own hair one morning, until she realized that evening that her daughter had used her sexy underwear as a scrunchie for her ponytail! “I saw my innocent baby girl's second-grade teacher smile and wave really big as I drove by,” Heather writes. “I was mortified.”

Parenthood also means knowing when to let go. Tsgoyna Tanzman was having trouble calming her nerves and letting go while teaching her daughter to drive. “From where I sit it feels exactly as if she is careening down that hill and plowing straight into this milestone of independence and separation. My precious daughter, my one and only, has just taken the test that grants her permission to drive out of my life,” Tsgoyna writes. “I know there will be many sleepless nights ahead, but for tonight at least, at 10:55 p.m., it's the sweet sound of screeching rubber skidding up our driveway that lulls me to sleep.”

*Chicken Soup for the Soul: Parenthood* (Jack Canfield, Mark Victor Hansen, and Amy Newmark) releases on March 12, 2013. Chicken Soup for the Soul Publishing, LLC, publishes the famous Chicken Soup for the Soul book series, which is distributed through Simon & Schuster, Inc. In 2007, *USA Today* named Chicken Soup for the Soul one of the five most memorable books in the last quarter century. Since 1993, more than 100 million books in the series have been sold in the United States and Canada alone. Chicken Soup for the Soul titles have been sold in more than 100 additional countries and translated into more than 40 languages. The company is currently implementing a plan to expand into all media, including TV shows and a major motion picture, and is also developing a digital presence for life improvement, emotional support, inspiration, and wellness. Chicken Soup for the Soul Foods, a joint venture with Daymon Worldwide Inc., will start rolling out its line of delicious, nutritious comfort foods in Spring 2013. Chicken Soup for the Soul Publishing also licenses the right to use its famous brand to high-quality licensees. For more information visit [www.chickensoup.com](http://www.chickensoup.com).

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**To receive a review copy of *Chicken Soup for the Soul: Parenthood* or to request an interview, please contact Shelby Sledge at (512) 206-0229 or [shelby@sheltoninteractive.com](mailto:shelby@sheltoninteractive.com)**