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Turning into your mother? You're not alone

Mothers and daughters dish their uncanny connections in Chicken Soup for the Soul

COS COB, Conn. – From borrowed outfits to goofy mannerisms, there is a time when most women must sheepishly admit, “I’m turning into my mother.” But while mother-daughter duos like Kate Hudson and Goldie Hawn, Gwyneth Paltrow and Blythe Danner, or Jamie Lee Curtis and Janet Leigh are all notable examples of passed-down female genes, you don’t have to look to Hollywood for special mother-daughter bonds. The magical similarities that mothers and daughters share are among the most heart-warming – and often amusing – features of any family.

Chicken Soup for the Soul: Like Mother, Like Daughter (Chicken Soup for the Soul, September 30, 2008, 978-1935096-07-8, \$14.95) is a collection of stories written by moms and daughters on their mutual admiration for one another. It is part of the “101 Best Stories” series by the new publisher of Chicken Soup for the Soul books. With refreshed cover designs and interior layouts, books in the “101 Best Stories” series offer the Editor’s favorite tales and poems submitted in the 15-year history of Chicken Soup for the Soul, reflecting the brand’s excitement and new energy on this memorable anniversary.

Divided into sections ranging from “Learning from Each Other” to “Saying Goodbye,” *Chicken Soup for the Soul: Like Mother, Like Daughter* offers stories on maternal wisdom, raising teenage girls, becoming friends with Mom, grandmothers, granddaughters, and more.

“My mother and I have always had a very special relationship, a bond that few people can comprehend,” writes *Chicken Soup for the Soul: Like Mother, Like Daughter* contributor Nicole Plyler Fisk. “Ever since I was a little girl, I remember her teaching me about a mother’s love: constant and unconditional. She would remind me of an old Polish proverb: The greater love is a mother’s, then comes a dog’s, then a sweetheart’s.”

Inside *Chicken Soup for the Soul: Like Mother, Like Daughter*, you’ll also read about:

- How contributor Lizanne Southgate was reunited with her daughter after nearly 20 years
- How cyclist Peggy Newland recreated her mother’s cross-country bicycle ride
- How contributor Shana Helmholdt battled – and survived – leukemia, with her mother by her side
- Why contributor Sylvia Rosa-Casanova describes the period that her mother moved in with her as a time of “the most grief and the most joy”

Chicken Soup for the Soul: Like Mother, Like Daughter (Jack Canfield, Mark Victor Hansen, and Amy Newmark) released September 2008. Chicken Soup for the Soul Publishing, LLC, publishes all the latest titles in the famous Chicken Soup for the Soul book series which are distributed through Simon and Schuster, Inc. Since 1993, books in the Chicken Soup for the Soul series have sold over 112 million copies, with titles translated into over 40 languages. Chicken Soup for the Soul Publishing also licenses the right to use its famous trademark to high quality licensees through IMG, the world’s premier licensing agent. The company is currently implementing a plan to expand into all media, is working with TV networks on several TV shows and is developing a major Internet presence dedicated to life improvement, emotional support and inspiration. In 2007, *USA Today* named *Chicken Soup for the Soul* one of the five most memorable and impactful books in the last quarter century. For more information visit: www.chickensoup.com.

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To request a review copy or excerpt of *Chicken Soup for the Soul: Like Mother, Like Daughter*, please contact Rusty Shelton at (512) 785-4469 or rusty@sheltoninteractive.com.