

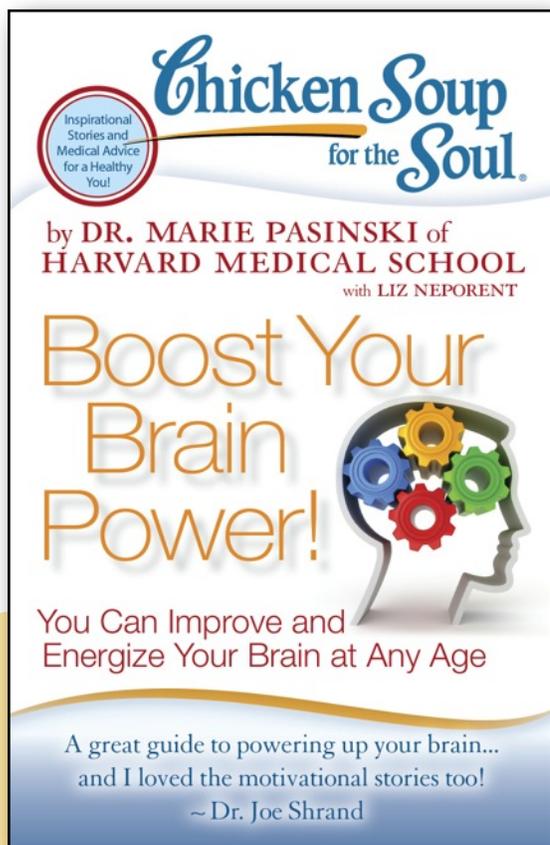
Published:
5/22/2012

Chicken Soup for the Soul: Boost Your Brain Power!

You Can Improve and Energize Your Brain at Any Age
Dr. Marie Pasinski with Liz Neporent

Inspiring Chicken Soup for the Soul stories and accessible leading-edge medical information from Dr. Marie Pasinski of Harvard Medical School. Many people would like to enhance their brainpower and are looking for help to do just that. Others are retraining their brains after traumatic injuries or strokes. Others are looking for ways to keep their brains young and dynamic. This book will fascinate you with stories and useful information on how to improve your own brain.

Print book ISBN: 9781935096863
eBook ISBN: 9781611592108



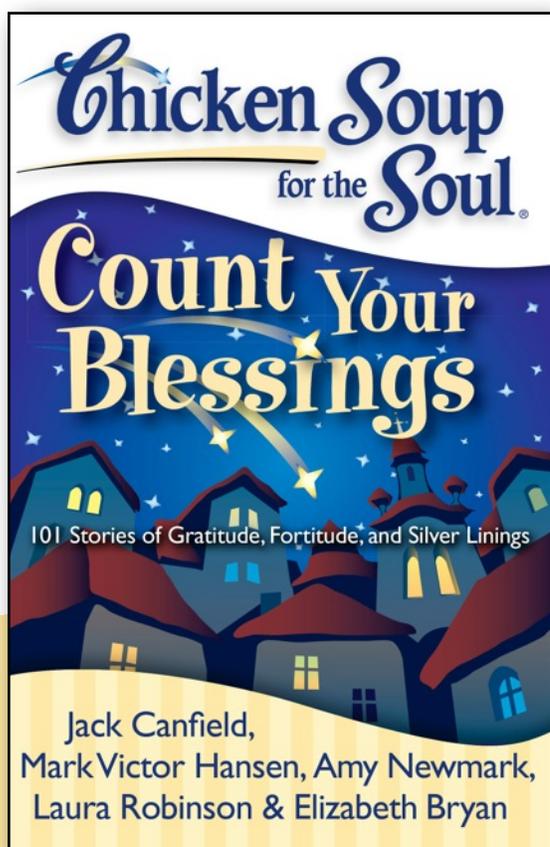
Published:
11/3/2009

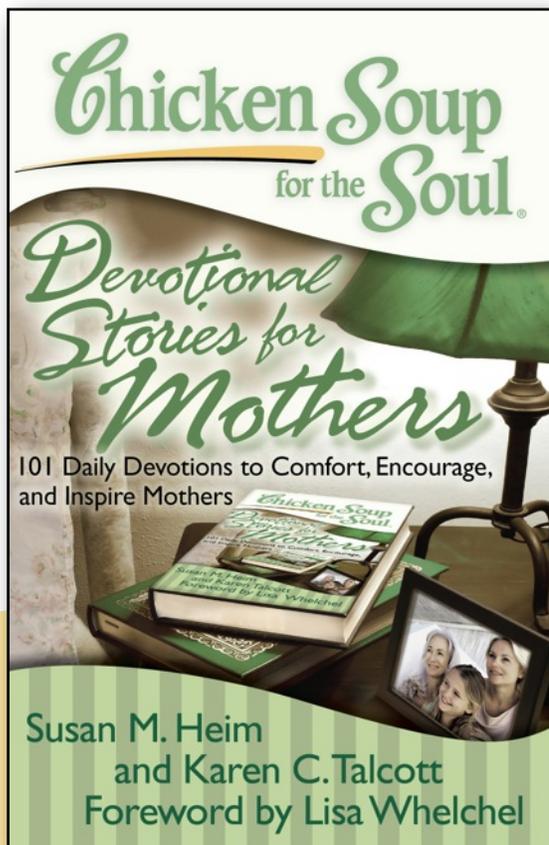
Chicken Soup for the Soul: Count Your Blessings

101 Stories of Gratitude, Fortitude, and Silver Linings
Jack Canfield, Mark Victor Hansen, Amy Newmark,
Laura Robinson & Elizabeth Bryan

This uplifting book reminds readers of the blessings in their lives, despite financial stress, natural disasters, health scares and illnesses, housing challenges and family worries. This feel-good book is a great gift for New Year's, for someone going through a difficult time, or for Christmas. These stories of optimism, faith, and strength remind us of the simple pleasures of family, home, health, and inexpensive good times.

Print book ISBN: 9781935096429
eBook ISBN: 9781611591385





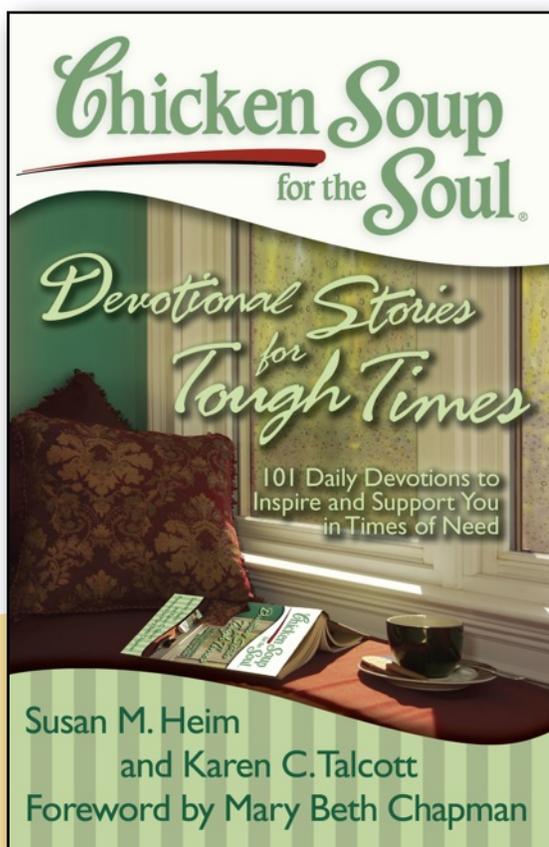
Chicken Soup for the Soul: Devotional Stories for Mothers

101 Daily Devotions to Comfort, Encourage,
and Inspire Mothers

Susan M. Heim and Karen C. Talcott;
Foreword by Lisa Whelchel

Through the ages, mothers have shared their experiences, thoughts, and feelings with one another. The tradition continues in this book of 101 personal stories and prayers by moms about all aspects of motherhood. This book will uplift, counsel, and reassure any woman of faith who needs a boost or reminder of God's ever-present love as she goes through the ups and downs of life and motherhood.

Print book ISBN: 9781935096535
eBook ISBN: 9781611591347



Chicken Soup for the Soul: Devotional Stories for Tough Times

101 Daily Devotions to Inspire and Support You
in Times of Need

Susan M. Heim and Karen C. Talcott;
Foreword by Mary Beth Chapman

Life has always been filled with trials, including illness, job loss, grief, addictions, and much more. In this collection of 101 devotions, others share their personal stories and prayers that show God's presence and ever-present love during a time of trouble. During any of life's struggles, readers will find counsel and reassurance in these stories of faith, strength, and prayer.

Print book ISBN: 9781935096740
eBook ISBN: 9781611591941

Published:
10/4/2011

Published:
9/10/2013

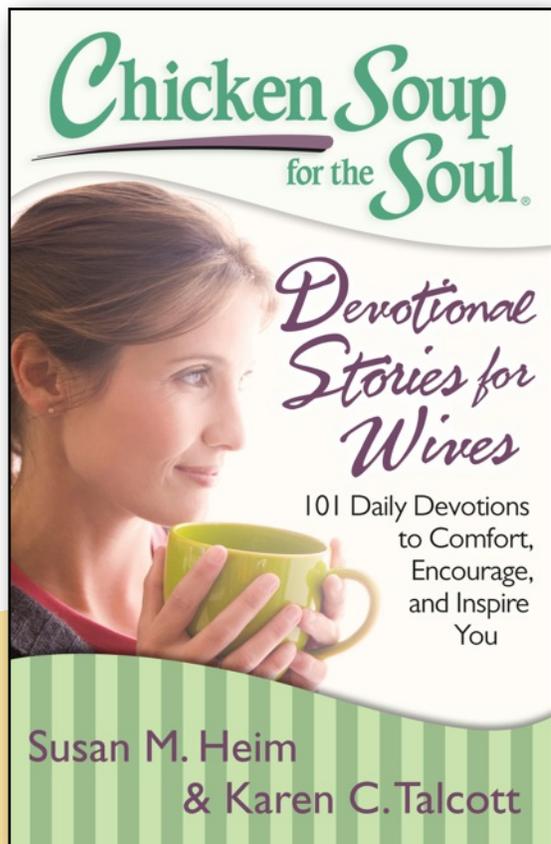
Chicken Soup for the Soul: Devotional Stories for Wives

101 Daily Devotions to Comfort, Encourage,
and Inspire You

Susan M. Heim & Karen C. Talcott

Any woman of faith will find solace and strength in these 101 unique devotionals as they go through the ups and downs of daily life and marriage. This collection will affirm God's unconditional love and His wisdom. With stories that cover everything from everyday trials to tests of faith, this collection will inspire, uplift, and counsel any woman of faith who needs a boost or reminder of God's ever-present love.

Print book ISBN: 9781611599107
eBook ISBN: 9781611592269



Published:
10/6/2009

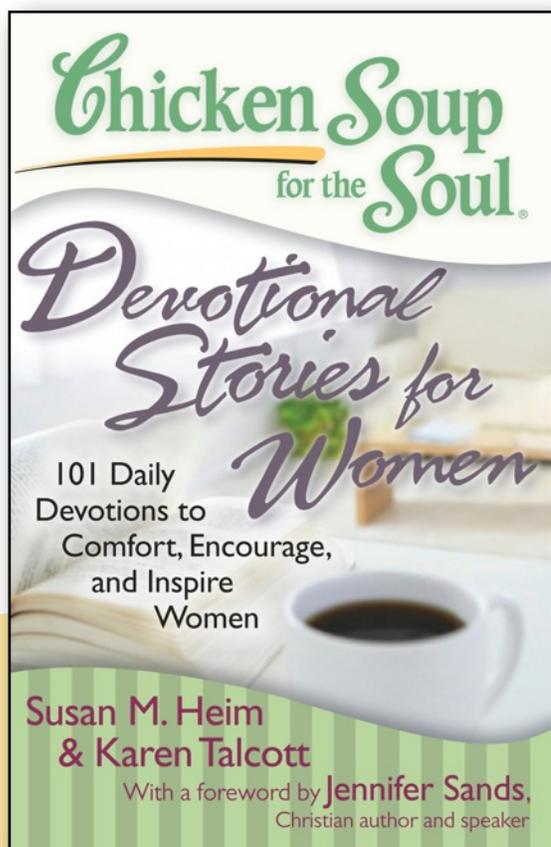
Chicken Soup for the Soul: Devotional Stories for Women

101 Daily Devotions to Comfort, Encourage, and
Inspire Women

Susan M. Heim & Karen Talcott;
Foreword by Jennifer Sands

Throughout time, women have shared their joys and sorrows, thoughts and feelings, experiences and life lessons with one another. The tradition continues in this charming book with 101 stories of friendship, faith, and comfort that affirm God's unconditional love and His wisdom. Women will find encouragement, solace, and strength in these personal stories and prayers that cover everyday trials, tests of faith, marriage, parenting, service to others, and self-esteem.

Print book ISBN: 9781935096481
eBook ISBN: 9781611591453



Published:
10/25/2011

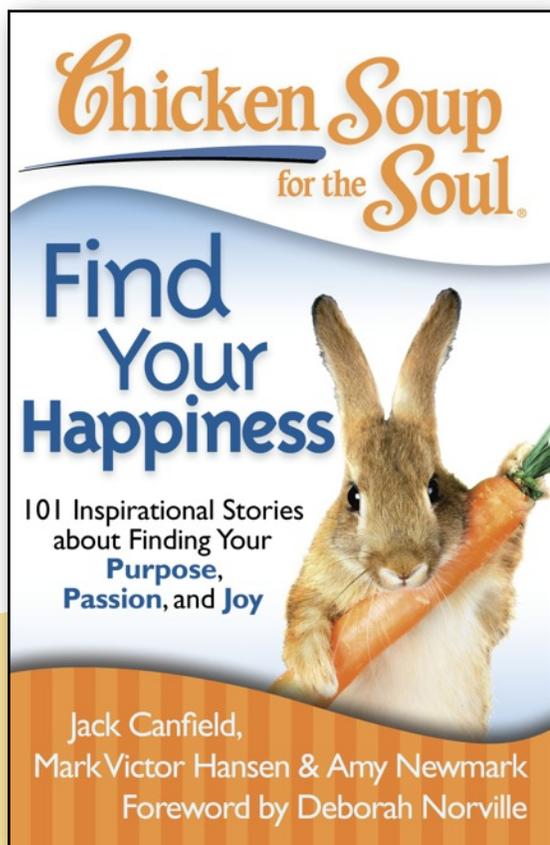
Chicken Soup for the Soul: Find Your Happiness

101 Inspirational Stories about Finding Your Purpose,
Passion, and Joy

Jack Canfield, Mark Victor Hansen & Amy Newmark;
Foreword by Deborah Norville

What makes you happy? Others share how they found their passion, purpose, and joy in life in these 101 personal and exciting stories that are sure to inspire and encourage readers to find their own happiness. Filled with motivating, uplifting, and powerful stories, this collection will encourage readers to pursue their dreams, find their passion, and seek joy in their life.

Print book ISBN: 9781935096771
eBook ISBN: 9781611591965



Published:
10/28/2014

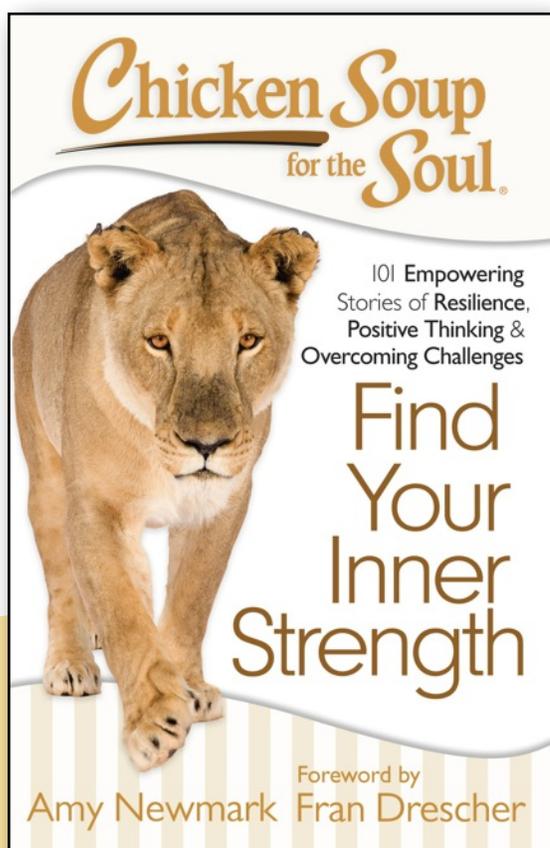
Chicken Soup for the Soul: Find Your Inner Strength

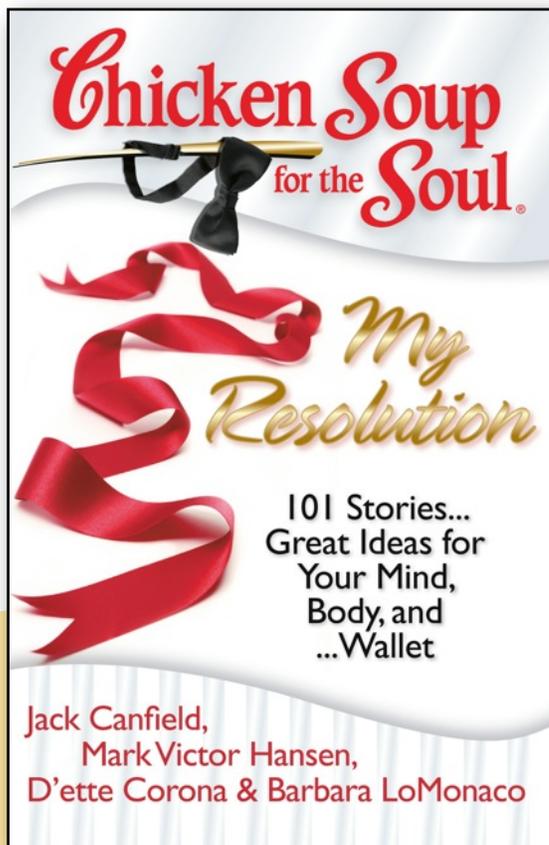
101 Empowering Stories of Resilience, Positive
Thinking, and Overcoming Challenges

Amy Newmark; Foreword by Fran Drescher

We're all stronger than we think, and we often discover our inner strength and resilience when a problem arises. The 101 empowering and uplifting stories in this collection by people who have overcome challenges, solved problems, or changed their lives will help you find your own inner strength, resilience, and remind you to think positive, count your blessings, and use the power that you have within you.

Print book ISBN: 9781611599398
eBook ISBN: 9781611592450





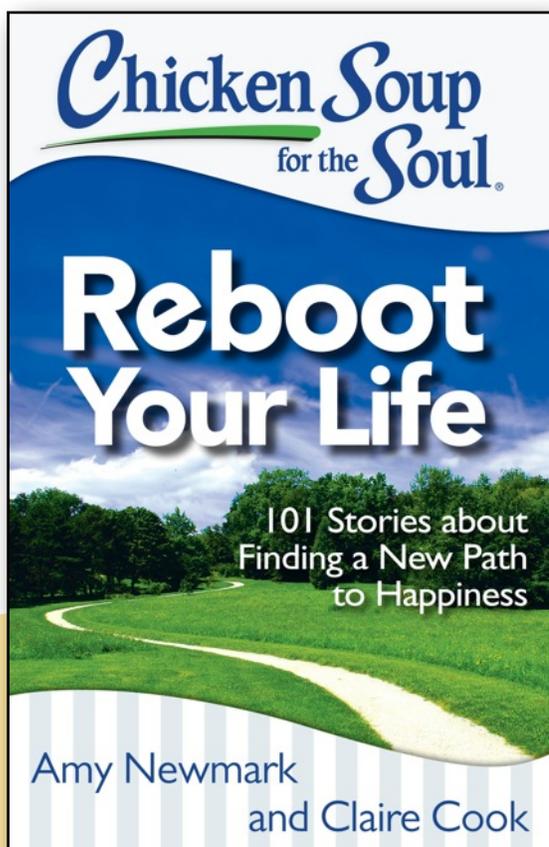
Chicken Soup for the Soul: My Resolution

101 Stories... Great Ideas for Your Mind,
Body, and... Wallet

Jack Canfield, Mark Victor Hansen, D'ette Corona
& Barbara LoMonaco

Everyone makes resolutions — for New Year's, for big birthdays, for new school years. In fact, most of us are so good at resolutions that we make the same ones year after year. This collection of great true stories covers topics such as losing weight, getting organized, stopping bad habits, restoring relationships, dealing with substance abuse, and changing jobs.

Print book ISBN: 9781935096283
eBook ISBN: 9781611591460



Chicken Soup for the Soul: Reboot Your Life

101 Stories about Finding a New Path to Happiness

Amy Newmark and Claire Cook

We all fall into ruts at times, with our jobs, our relationships, our fitness, and other aspects of our daily lives. It's time to do something about that. These 101 inspiring personal stories will motivate and encourage you to find your own route to success and happiness. With its powerful stories about taking chances, following your passion, finding your purpose, and thinking positively, you will be inspired to find the courage to reboot your own life!

Print book ISBN: 9781611599404
eBook ISBN: 9781611592412

Published:
9/16/2014

Published:
7/13/2010

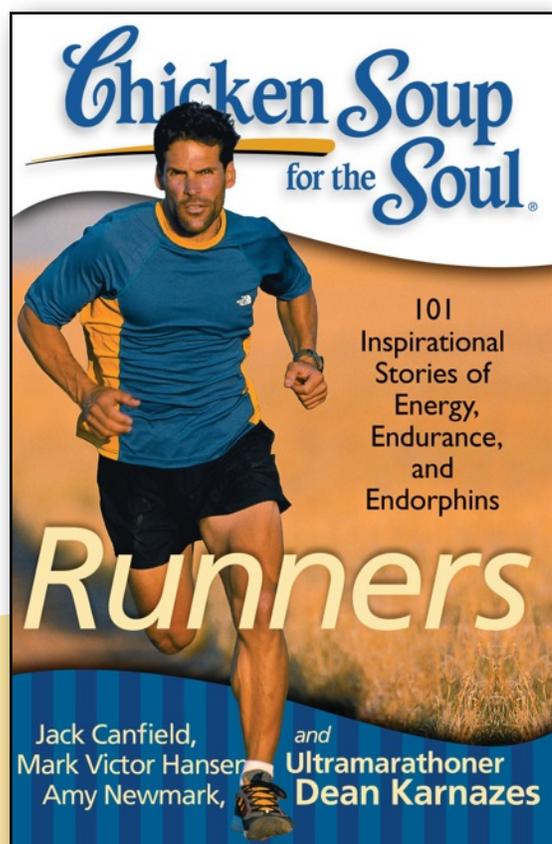
Chicken Soup for the Soul: Runners

101 Inspirational Stories of Energy, Endurance,
and Endorphins

Jack Canfield, Mark Victor Hansen, Amy Newmark,
and Dean Karnazes

When runners aren't running, they talk about running, plan a run, shop for running... This book contains 101 stories from everyday and famous runners, telling stories about how running has changed their lives, their bodies, and their spirits. Runners will love these inspirational stories of motivation, recovery, and camaraderie. This book also includes amazing stories of races, marathons, and triathlons, with plenty of stories about swimming and cycling too.

Print book ISBN: 9781935096498
eBook ISBN: 9781611591323



Published:
5/22/2012

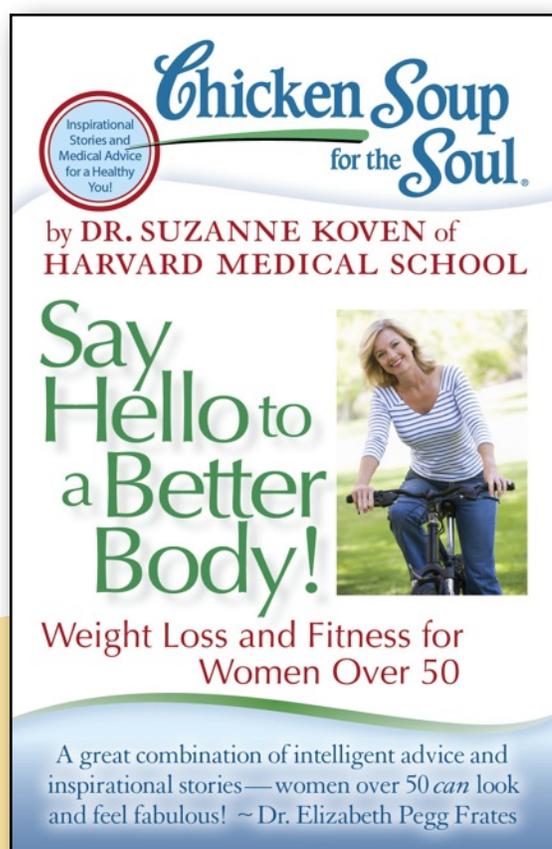
Chicken Soup for the Soul: Say Hello to a Better Body!

Weight Loss and Fitness for Women Over 50

Dr. Suzanne Koven

Inspiring Chicken Soup for the Soul stories and accessible leading-edge medical information from Dr. Suzanne Koven of Harvard Medical School. Women over 50 fight menopause, creaky joints, busy lives, and other factors that interfere with their quests for weight control and fitness. These advice-filled stories from women over 50 who have figured out how to get fit are combined with Dr. Koven's practical advice and medical information. You won't have any more excuses!

Print book ISBN: 9781935096894
eBook ISBN: 9781611592122



Published:
12/28/2010

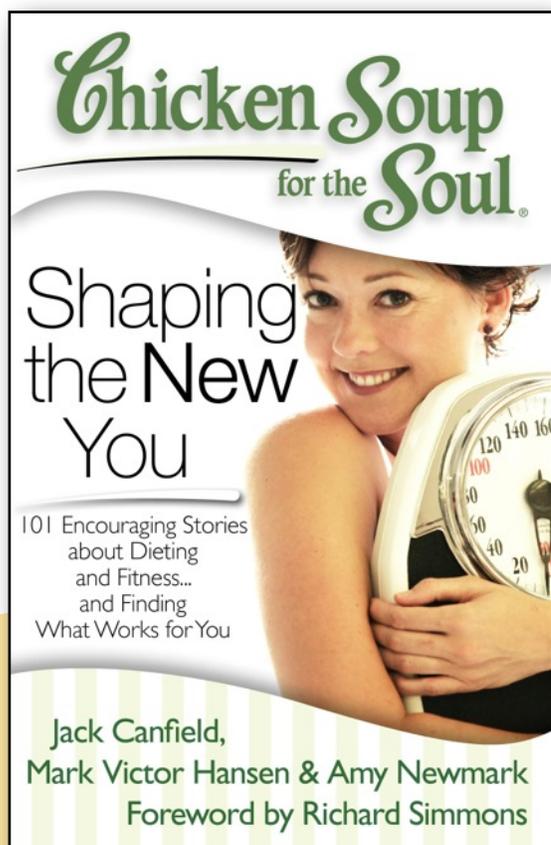
Chicken Soup for the Soul: Shaping the New You

101 Encouraging Stories about Dieting and Fitness... and
Finding What Works for You

Jack Canfield, Mark Victor Hansen & Amy Newmark;
Foreword by Richard Simmons

No one likes to diet, but this book will encourage and inspire you with its positive, practical, and purposeful stories of dieting and fitness. You will find hope, help, and hints on getting fit and staying healthy in these 101 stories from those who have been there, done that, and maintained it. Stories about wake-up calls and realizations, moving more and eating better, self-esteem and support, make this a great book for anyone starting fresh or needing a boost.

Print book ISBN: 9781935096573
eBook ISBN: 9781611591620



Published:
12/16/2014

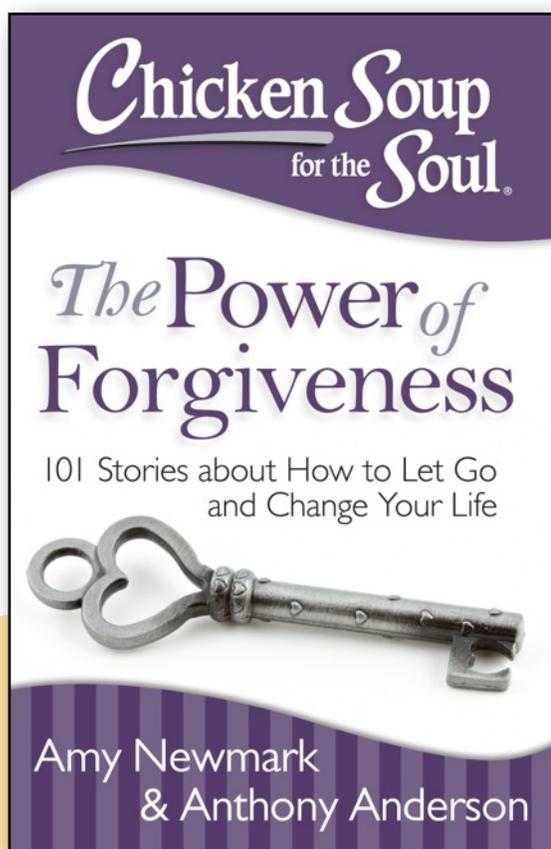
Chicken Soup for the Soul: The Power of Forgiveness

101 Stories about How to Let Go and
Change Your Life

Amy Newmark & Anthony Anderson

Forgiveness frees us to get on with our lives and we can all benefit from letting go of our anger. Whether it's forgiving a major wrong or a minor blunder, forgiving someone is healing and freeing. You don't have to forget or condone what happened, but letting go of your anger improves your wellbeing and repairs relationships. You will be inspired to change your life through the power of forgiveness as you read the 101 stories in this book about forgiving others, changing your attitude, healing and compassion.

Print book ISBN: 9781611599428
eBook ISBN: 9781661592443



Published:
10/23/2012

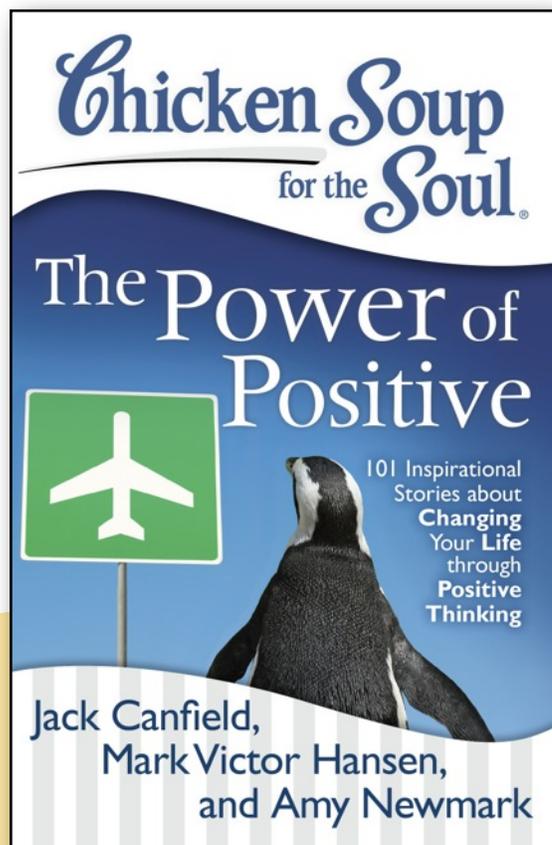
Chicken Soup for the Soul: The Power of Positive

101 Inspirational Stories about Changing Your Life
through Positive Thinking

Jack Canfield, Mark Victor Hansen, and Amy Newmark

Attitude is everything. And this book will uplift and inspire you with its 101 success stories about the power of positive thinking and how others like you changed their lives, solved problems, or overcame challenges through a positive attitude, counting their blessings, or other epiphanies.

Print book ISBN: 9781611599039
eBook ISBN: 9781611592184



Published:
9/28/2010

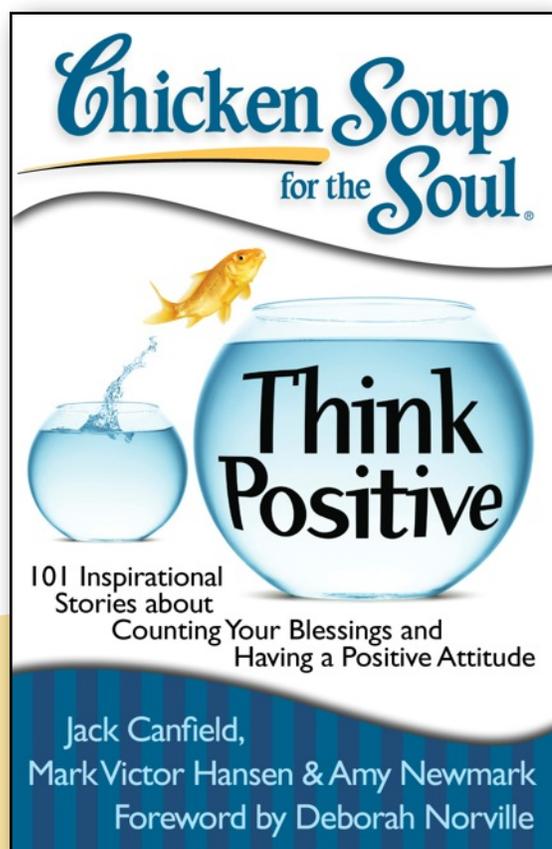
Chicken Soup for the Soul: Think Positive

101 Inspirational Stories about Counting Your Blessings
and Having a Positive Attitude

Jack Canfield, Mark Victor Hansen & Amy Newmark;
Foreword by Deborah Norville

Every cloud has a silver lining. You will be inspired by these 101 real-life stories from people just like you, about taking a positive attitude to the ups and downs of life, and remembering to be grateful and count their blessings. These inspirational stories of hope, optimism, and faith will encourage you to stay positive during challenging times and in your everyday life.

Print book ISBN: 9781935096566
eBook ISBN: 9781611591316



Published:
9/4/2012

Chicken Soup for the Soul: Think Positive for Great Health

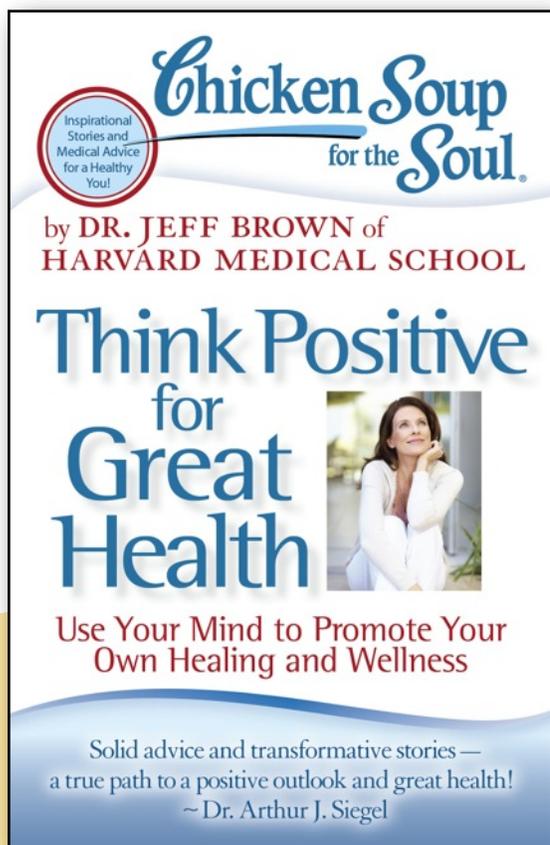
Use Your Mind to Promote Your Own
Healing and Wellness

Dr. Jeff Brown

Inspiring Chicken Soup for the Soul stories and accessible leading-edge medical information from Dr. Jeff Brown of Harvard Medical School. Dr. Brown unlocks the mysteries of the mind/body connection and shows you how you can feel better and really be better by using your mind and thinking positively.

The great stories will show you how other people have used positive thinking to affect their physical and mental well-being.

Print book ISBN: 9781935096900
eBook ISBN: 97816115922139



Published:
5/5/2015

Chicken Soup for the Soul: Time to Thrive

101 Inspiring Stories about Growth, Wisdom,
and Dreams

Amy Newmark & Loren Slocum Lahav

It's time to thrive! Whether life's dealt you a setback or you're ready for a positive change, this collection of 101 inspiring and empowering stories will motivate you to create balance and more meaning in your life. With stories by people who have flourished instead of floundered in the face of challenges, pursued their dreams, and changed their focus and their lives, you will be motivated to reorient your life and thrive too!

Great for anyone in need of a boost and inspiration.

Print book ISBN: 9781611599473
eBook ISBN: 9781611592481

